

# MENU

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**MAY**  
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## 6-12 LUNCH

### BERLIN MIDDLE HIGH

 School Lunch  
 Superhero Day!



CINCO de MAYO

**4** Bistro Cheeseburger  
 (plain, cheese or bacon)  
 NY Breaded Onion Rings  
 Crunchy Coleslaw  
 Fresh Veggie w/Hummus

**5** Walking Taco  
 (meat, cheese w/corn chips)  
 Salsa Cup & Sour Cream  
 Cowboy Caviar  
 Mini Rice Crispy Treat

**6** Mozzarella Pizza  
 Crunchers  
 Steamed veggies  
 Marinara Sauce  
 Chocolate Chip cookie

**7** Macaroni & Cheese Bar  
 with Buffalo Chicken  
 Garlic Bread  
 Steamed Broccoli  
 Cucumbers & Grape Tomato

**1** Pizza Slice  
 (Cheese or Pepperoni)  
 Steamed Mixed Veggie  
 Garden Side Salad

**11** Crispy Chicken Tenders  
 with assorted dipping sauces  
 Pesto Parmesan Rotini  
 Seasoned Curly Fries  
 Baby Carrots w/Hummus

**12** Alaskan Pollock Po'boy  
 Sandwich  
 Chipotle Mashed Potatoes  
 Steamed Carrots & Peas  
 Fresh Orange Wedges &  
 NY String Cheese

**13** Gen Tso Chicken  
 Fried Rice & Veg Egg Roll  
 Stir Fry Vegetables or  
 Steamed Broccoli  
 Fortune Cookie

**14** Pork Carnitas Tacos  
 Salsa, Sour Cream & Guacamole  
 Veggie Pinto Beans  
 Mexican Street Corn  
 Mango Peach Applesauce Cup

**8** Pizza Slice  
 (Cheese or Pepperoni)  
 Steamed Mixed Veggie  
 Caesar Side Salad

**15** Pizza Slice  
 (Cheese or Pepperoni)  
 Steamed Mixed Veggie  
 Garden Side Salad

**18** Crispy Chicken  
 Sandwich  
 Seasoned Waffle Fries  
 Yogurt Cup with Granola  
 Fresh Veggie w/Hummus

**19** Crispy Chicken Wrap  
 (plain, ranch or buffalo)  
 Baked Potato Chips & Broccoli  
 Tomato & Cucumber Salad  
 Chocolate Chip Cookie

**20** Harvest of the Month  
 Rotini with Meat Sauce  
 Warm Garlic Knot  
 NY Roasted Asparagus  
 Warm Cinnamon Pears

**21** BYO Burrito Bowl  
 w/Cilantro Lime Rice  
 Salsa Cup & Sour Cream  
 Guacamole, Olives, Jalapenos  
 Yellow Corn & Black Beans

**22** NO SCHOOL

**25** No School  
 Memorial Day



**26** Ultimate Nachos  
 Salsa & Sour Cream  
 Guacamole, Olives, Jalapenos  
 Cowboy Caviar  
 NYS Apple Juice

**27** Pulled Pork on a Kaiser  
 Sweet Potato Wedges  
 Crunchy Coleslaw  
 Fresh Veggie w/Hummus

**28** Teriyaki Chicken  
 Street Noodles  
 Steamed Broccoli  
 Tangy Ginger Edamame Salad  
 Cocoa Cherry Brownie Bar

**29** Pizza Slice  
 (Cheese or Pepperoni)  
 Steamed Mixed Veggie  
 Garden Side Salad

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.  
 Notice is posted when available.

linqconnect.com

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

Daily Alternates Includes:  
 Chef Salads, PBJ, Parfaits

In collaboration with  
**CAPITAL REGION BOCES**  
 SHARED FOOD SERVICE PROGRAM

