



# MENU




Harvest of the  
Month - NY Maple  
March 18th

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**MARCH**  
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## 6-12 LUNCH MIDDLE HIGH

Adirondack Maple in  
Fonda, NY



<p>Rotini with Meat Sauce <b>2</b> Garlic Breadstick Garlicky Green Beans Fresh Veggie w/Hummus</p>	<p>Pulled Pork on a Kaiser <b>3</b> Chipotle Mashed Potatoes Broccoli Slaw Mini Rice Crispy Treat</p>	<p>Crispy Chicken Wrap <b>4</b> (plain, ranch or buffalo) Baked Potato Chips Sweet Potato Wedges Cucumber Slices</p>	<p>Beef &amp; Bean Chili <b>5</b> Chocolate Swirl Roll NY String Cheese Yellow Corn Carrot &amp; Celery Sticks</p>	<p>Pizza Slice <b>6</b> (Cheese or Pepperoni) Steamed Mixed Veggie Caesar Side Salad</p>
<p>Crispy Chicken Tenders <b>9</b> with assorted dipping sauces Tortellini Pasta Salad Seasoned Curly Fries Fresh Veggie w/Hummus</p>	<p>Walking Taco <b>10</b> (meat, cheese w/corn chips) Salsa Cup &amp; Sour Cream Cowboy Caviar Mango Peach Applesauce</p>	<p><b>Brunch for Lunch</b> <b>11</b> Sunrise Carrot Waffles Sausage Links or Egg Bites Hashbrown Patty 100% Juice Cup &amp; Syrup</p>	<p>Macaroni &amp; Cheese Bar <b>12</b> W/ Kielbasa Bites Garlic Bread &amp; Broccoli Cucumbers &amp; Grape Tomato</p>	<p>Pizza Pocket <b>Pi Day</b> <b>13</b> (Cheese or Pepperoni) Steamed Mixed Veggie Garden Side Salad </p>
<p>Bistro Cheeseburger <b>16</b> (plain, cheese or bacon) NY Breaded Onion Rings Crunchy Coleslaw Baby Carrots w/Hummus</p>	<p>Hot Corned Beef or <b>17</b> Turkey Reuben Sandwich Yellow Corn  Rainbow Pepper Slices Tropical Kiwi Fruit Salad</p>	<p>Maple BBQ Glazed  <b>18</b> Chicken Wing Basket Warm Biscuit &amp; Veggie Sticks Maple Sriracha Baked  Beans</p>	<p>Teriyaki Chicken <b>19</b> Fried Rice &amp; Veg Egg Roll Stir Fry Vegetables Steamed Broccoli &amp; Tomatoes Fortune Cookie</p>	<p>Pizza Slice <b>20</b> (Cheese or Pepperoni) Steamed Mixed Veggie Caesar Side Salad</p>
<p>Crispy Chicken Tenders <b>23</b> with assorted dipping sauces Pesto Rotini Pasta Seasoned Curly Fries Fresh Veggie w/Hummus</p>	<p>Cheesy Empanada <b>24</b> Cilantro Lime Rice Roasted Mixed Vegetables Warm Cinnamon Apples w/Churro</p>	<p>Toasted Ham &amp; Cheese <b>25</b> on Brioche Roll Choice of Soup Rainbow Pepper Sticks NY Apple Juice Cup</p>	<p>Cheese Lasagna <b>26</b> Warm Garlic Knot Roasted Broccoli Cucumbers &amp; Grape Tomato</p>	<p>French Bread Pizza <b>27</b> (Cheese or Pepperoni) Steamed Mixed Veggie Garden Side Salad</p>
<p>Crispy Chicken <b>30</b> Sandwich Seasoned Waffle Fries Tomato &amp; Cucumber Salad Fresh Veggie w/Hummus</p>	<p>Tortellini Alfredo <b>31</b> w/ Meatballs Peas &amp; Carrots Grape Tomatoes Chocolate Chip Cookie</p>			

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.  
Notice is posted when available.

linqconnect.com

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

**Alternates Includes: Chef Salads, Parfaits, And PBJ**

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