



**RENSSELAER COUNTY
DEPARTMENT OF MENTAL HEALTH**

Steven F. McLaughlin
County Executive

Katherine G. Alonge-Coons LCSWR
Commissioner

Mission statement:

“Rensselaer County Department of Mental Health is committed to providing quality integrated treatment, prevention, and supportive services to our community with respect, compassion, and expertise, in order to empower and help all persons to improve their quality of life.”

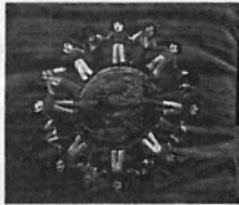
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Troy, New York 12180
(518) 270-2800

Rensselaer County Department of Mental Health directly provides the following programs to Rensselaer County Residents:

Services for Children & Adolescents
Adult/Family Services
Forensic Services
Rensselaer City Outpatient Treatment
Hoosick Falls Outpatient Treatment
MICA Services & Outreach
Co-Located Services within CapitalCare Pediatrics, Troy
Health Home Care Coordination & SPOA for Adults & Children
Private Proprietary Homes for Adults
Home and Community Based Service Coordination (HCBS)
Medicaid Care Coordination (CCO) for OPWDD
Substance Abuse Prevention and Education Services/Student Assistance (SAP)
Vocational Rehabilitation Counseling
Peer Engagement Specialist

Community Prevention: Provides substance abuse prevention activities and programs. Services include curriculum presentations, referrals and crisis intervention. A Community Prevention Coordinator assists community coalitions to create strategies that address risk and protective factors.

Student Assistance Program (SAP): Currently operating in five county school districts, the Student Assistance Program provides evidence based curriculum, short term individual and group counseling, assessment, crisis intervention and referral. Services also include educational presentations and consultation with parents, school staff and related community individuals. This program is funded through New York State Office of Alcohol and Substance Abuse Services and schools.



Troy Child & Adolescent Clinic: Unified Services for children and adolescents located on the 3rd floor of the County Office Building is comprised of multi-disciplinary teams that can provide coordinated mental health treatment services to youth aged birth to 21 and their families. Comprehensive assessment, diagnostic evaluation and individualized therapy available. Staffing includes child psychiatrists, psychologists, licensed social workers and mental health counselors.

Peer Engagement Specialist: Specialist can provide support, encouragement and guidance in finding appropriate services to persons misusing substances and/or who are in recovery. Peer Specialists are in recovery and have person experience and expertise in addiction services.

Rensselaer City Clinic: This adult outpatient clinic is located in the city of Rensselaer. The clinic provides mental health and drug abuse counseling services to residents in the southern portion of Rensselaer County. A multi-disciplinary team provides psychiatric consultations, pharmacotherapy, individual and group counseling. This location also operates a satellite clinic located at the Fawn Ridge Adult Home in Troy.

Hoosick Falls Satellite: This program serves adults and children in the eastern portion of Rensselaer County. The Satellite is located in the town of Hoosick Falls. Multi-disciplinary staff provides diagnostic assessment, individual, family and group therapy, pharmacotherapy, crisis intervention, geriatric outreach, case management

Youth Health Home Care Coordination : Specialized teams are designed to serve severely and persistently emotionally disturbed children and adolescents. This 24 hours a day program provides aggressive outreach and support to children who require supportive services in the community and are at risk of hospitalization or placement. Residential placement and Home and Community Based (HCBS) services also available .

Adult Health Home Care Coordination with Capital Region Health Connections: This 24 hours a day program assists persons with serious mental illness and/or medical conditions in obtaining access to mental health treatment, medical, vocational, financial, housing and social services. A Care Coordinator communicates with clients' other care givers to assure that they receive the services they need to stay out of the emergency rooms and hospitals. Assisted Outpatient Treatment (Kendra's Law) is a separate component that utilizes the Courts to mandate treatment for individuals who are determined to be non-compliant with medications and treatment and are at imminent risk to self or others in the community.

Co-location within CapitalCare Pediatrics: Child and adolescent mental health counseling and therapies by referral located within CapitalCare Pediatrics at 258 Hoosick St. in Troy.

MICA Services & Outreach: Provides MICA outreach and training throughout the community available through our clinic by referral.

Adult Home Services: Private Proprietary Homes services and care coordination. On Site rehabilitation services to adults living in Adult Homes throughout the county. Access is by referral from the caregiver or outpatient programs.

Vocational Training: Employment counseling and job readiness training for adults with a Vocational Rehabilitation Counselor by referral.

Medicaid Care Coordination: Provides care coordination for persons with developmental disabilities through the OPWDD system.

Forensic Services: This program provides full time mental health services within the Rensselaer County Jail. The functions of this program include: crisis management, diagnostic evaluation, comprehensive treatment planning, individual and group counseling, referral and aftercare planning, in-service training and consultation to Correctional Staff.

All programs have a 24 hour on-call capacity with professional staff assisting existing clients with urgent situations.

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