

Community Hospice: *Grief Counseling & Services*

Pediatric Support Services

The Community Hospice provides free short-term counseling services for children & teens after the loss of a loved one. Please apply online, or call us at: 518-724-0200

****Email and online applications are not monitored 24/7. If you are experiencing a medical or mental health emergency, please call 911 or go to the nearest emergency room.****

Wave Riders Group Schedule

The award winning Community Hospice Wave Riders Program helps children (aged 3-17 years old) who have experienced the death of someone significant in their lives, including a parent, grandparent, sibling or friend, learn to “ride the waves of grief” and work towards healing and growth. This group is free of charge.

Working in small groups facilitated by the professional bereavement staff of Community Hospice, children can recognize and express their feelings in a safe and caring environment, receive guidance and support as they adapt to changes in their lives and families, and build self-esteem by validating the normal feelings of grief.

Children feel less isolated as they meet peers their own age, who also are dealing with a loss, and through expressive art, music, games and discussion, they are able to work toward healing and growth.

Located at Community Hospice, 295 Valley View Rd, Rensselaer, NY 12144

Open to ages 3-17. Contact us for more information on how to participate including a schedule of meetings by calling 518-724-0200, or apply on our website:

<https://www.hospicegriefservices.com/children-and-teens>

CAMP ERIN



THE COMMUNITY HOSPICE PART OF THE ELUNA NETWORK

Friday, September 20th - Sunday, September 22nd, 2024

Location: Speculator, NY

Apply online:

<https://www.hospicegriefservices.com/camp-erin>

Camp Erin® Albany youth camp is a free, overnight bereavement camp for youth who are grieving the death of a significant person in their lives. Children and teens ages 7 to 17 attend a weekend camp experience that combines grief education and emotional support with fun, traditional camp activities. Led by bereavement professionals and caring volunteers, campers are provided a safe environment to explore their grief, learn essential coping skills, and make friends with peers who are also grieving.

Who can attend Camp?

Children and teens ages 7-17 (grades 2-12) that have experienced the loss of a significant person in their lives and have not previously attended a Camp Erin® overnight program.

What happens at Camp?

Canoeing, hiking, s'mores, star gazing, meeting peers with similar experiences, creating a memory board, sharing stories, candle lighting and luminary ceremony, and lots of fun!

Does Community Hospice provide transportation?

Yes! We transport all campers to and from camp from a central location in Albany.

How are participants selected?

A parent or guardian must complete an application and, along with the potential camper(s), attend an in-person interview with Community Hospice staff. All participants are screened to determine camper appropriateness and readiness for this specialized camp.

Who leads Camp?

Grief professionals and trained volunteers from Community Hospice oversee all aspects of Camp Erin® Albany youth camp. We also have two Registered Nurses who oversee all medical needs while at camp.

For more information, please call Tiffany at 518-724-0272

Family Camp

Camp Erin® Albany family camp is a free, bereavement day camp for families who are grieving the death of a significant person in their lives. Families attend a camp experience that combines grief education and emotional support with fun, traditional camp activities. Led by bereavement professionals and caring volunteers, campers and families are provided a safe environment to explore their grief, learn essential coping skills, and make friends with peers who are also grieving.

When & Where?

November 2024, Location TBD

Who can attend?

Any families with children under the age of 18 that are grieving the loss of a significant person in their lives.

What happens at Camp?

Families are able to process their grief individually and as a family unit. This is done through expressive arts activities, sharing meals, specialized grief activities, and lots of fun!

How are participants selected?

A parent or guardian must complete an application and, along with the potential camper(s), attend an in-person interview with Community Hospice staff. All participants are screened to determine camper appropriateness and readiness for this specialized camp.

Who leads Camp?

Grief professionals and trained volunteers from Community Hospice oversee all aspects of Camp Erin® Albany family camp. We also have two Registered Nurses who oversee all medical needs while at camp.

For more information, please call Tiffany at 518-724-0272

Grief Support Services for Adults

The Community Hospice provides free short-term grief support services to those who have experienced the death of a family member or friend. We are here to help everyone in the community--even if your loved one wasn't a Community Hospice patient.

Please reach out for assistance by completing [our grief services request form](#). Or call
518-724-0200

You can also get more information here:

<https://www.hospicegriefservices.com/adult-support>

Crisis Grief Counseling

Over the decades, we have developed a top team of specialists who can help people cope with the grief of losing a loved one.

And we can make that team available for any number of losses. Schools sometimes lose a student under tragic circumstances, or workplaces suffer an unexpected loss.

When that happens, Community Hospice can dispatch its team to lead group and personal grieving sessions. People can share their feelings, learn coping mechanisms and get a head start on the emotional recovery they need.

Please call us for more information at 518-724-0200

Grief Counseling - Family &/or Individual Sessions

The Community Hospice provides information and support to facilitate successful transitions through the grief process. Typically our counselors provide one to six sessions per client, and then often refer to one of [our support groups](#)

[Online Application](#) - [Printable Application](#)

<https://www.communityhospice.org/services/grief-support/>