

Join us at the SHAC in May!

(take two)

- After School Program Family Forum 5/8 at 6:30pm
- Senior Citizen & Alzheimer's Forum 5/15 at 1-3pm
- Repair Cafe 5/18 9 am-12 pm
- Spring Fling Fun Day 5/18 11am-4pm
- Blood Drive (Red Cross & Kiwanis) 5/28 1-6pm

After School Program Family Forum for Fall 2024

Wed 5/08 6:30pm - 7:30pm

Interested parents, please complete the [online survey](#) and come to here the results and share feedback to help determine the size and scope of the program. Baby-Sitting with Girls Scouts will be available as well as light refreshments at this meeting.

Senior Citizens & Alzheimer's Forum

Wed 5/15 1pm - 3pm

The [Alzheimer's Association](#) will present to our community the services they can provide to those afflicted with Alzheimer's and their caregivers. Find out how the [Alzheimer's Association](#) can best serve our community.

Repair Cafe 5/18 9am-12pm

Bring broken items to be fixed - small donation suggested. Electronics, Electrical Items, Clothing, Clocks, Bicycles, Wood Items, Lamps... Interested Repair Coaches please email John Slyer at: SkyHighAdventures@gmail.com

Spring Fling 5/18 11am-4pm FREE Admission

Food, Games, Kids Activities, Vendors, Silent Auction, Raffles & More! Bring you entire family for a Spring Into Summer Family FUN DAY!

[Spring Fling Vendors & Sponsors](#)

We would like to invite you to have a table or booth at our third annual Spring Fling. [REGISTER HERE ONLINE](#)

[SHAC Red Cross Blood Drive 5/28 1-6pm](#)

Sponsored by [Kiwanis Club of Sand Lake](#)

To schedule your appointment:

- call 1-800-733-2767
 - visit www.redcrossblood.org
 - download the free Blood Donor App using the sponsor code: **averillpark**
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Healthy, Active & Engaging Programs for Everyone

[Spring Program Registrations Still Open](#)

[Click the program link below to register today!](#)

SHAC Program Location: 27 Lake Ave, Averill Park, NY

[Outdoor Cycling for Everyone](#)



Dates: Tues, 4/16 to 5/28 **Time:** 6:00PM- 7:30PM (sunset)

Participants: Ages 11 & up

Cost: Free, donations appreciated **Capacity:** 16

[Archery Lessons and Friday Fun](#)



Dates: Fri, 4/19 to 5/31 **Time:** 6:30PM- 7:30PM

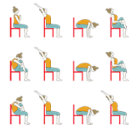
Participants: Ages 9 & up

Cost: \$110 or \$20 per night Capacity: 12



Let Your Artistic Talent Shine

Dates: Mon, 4/22-5/27 Time: 5:00PM- 6:00PM
Participants: Middle & High School & College Students
Cost: \$60 Capacity: 12



Chair Yoga with Kim Favro

Dates: Thurs, 4/18 to 5/23 Time: 5:30PM-6:30PM
Participants: Ages 16 & up
Cost: \$70/6 weeks, \$15 walk-in Capacity: 12



Building Healthy Habits

Dates: Tues, 4/23 to 6/11 (no class 5/21 & 6/4) Time: 5:30PM to 6:30PM
Participants: Families w/ youth, 3rd grade & up
Cost: Free, donations appreciated Capacity: 12



Open Mic Night

Date: Wed, 4/24 Time: 5:30PM-7:30PM
Participants: Middle School and High School
Cost: Free, donations appreciated Capacity: 99



Women's Circle

Dates: Thurs, 4/25, 5/23, 6/27 Time: 5:30PM to 6:30PM

Participants: Women, teens and up

Cost: Free, donations appreciated Capacity: 10



Movie Nights (or click individual date to register)

Dates: Fri, [4/26](#), [5/31](#) & [6/14](#) Time: 6:00PM- 8:00PM

Participants: All ages

Cost: Free Movie, \$10 STEM kit option Capacity: 99

Registration Required [CLICK HERE for Links](#) **On Program Page**



Energy Boosting Thyroid Balancing Workshop

Dates: Tuesday, 4/30 Time: 6:00PM- 7:00PM

Participants: Adults

Cost: Free, donations appreciated Capacity: 9



O.W.L. Academy Homeschool Open House

Dates: Thurs, 5/30 Time: 10:30AM- 12:00PM

Participants: Families, ages 4+

Cost: Free Capacity: 99