

Berlin MHS Menu

Meal Alternates

Available Daily



Reminder!!!!

In order to qualify for the free (CEP) meal, students must take ALL the reimbursable items.

NY Thursday is a locally-sourced meal initiative that brings farm fresh NYS foods to our school. Items listed in green are produced in NYS.





MON

TUE

WED

THU

FRI



NO SCHOOL

BREAKFAST

Astorids (donut holes)

LUNCH

Total e-chips of the Heart (loaded nachos) Fruit Milk Choice

10

BREAKFAST Strawberry CC Filled Bagel

LUNCH

Pizza Side Salad & Fruit Milk Choice

BREAKFAST Warm Scone

NY Thursday Lunch Spaghetti w/ Marinara Side Salad Apple Milk Choice

12

BREAKFAST

Breakfast Sandwich **NATIONAL GRILLED CHEESE DAY**

w/ Chicken Noodle Soup Celery Sticks & Fruit Milk Choice

15

BREAKFAST

WG Pop Tart w/ Cheese Cubes LUNCH

Sweet Chili Chicken Fried Rice & Broccoli Fruit

Milk Choice

16 **BREAKFAST**

Warm Cherry Frudel

LUNCH

Tacos (meat, lettuce, tomato) Refried Beans & Fruit Milk Choice

17 **BREAKFAST**

National Banana Day Returning Item

Banana Split Parfait LUNCH

Deli Day w/ L,T,O Pasta Salad & Fruit Milk Choice

18

11

BREAKFAST New Item

Dutch Waffle w/ Strbrs LUNCH Pizza Crunchers

Side Salad / Apple Milk Choice

19

BREAKFAST Pancake & Sausage Stick

LUNCH

Baked Chicken, Mashed Potatoes, Gravy Squash & Fruit Milk Choice

22

BREAKFAST

Cereal Bar w/ Yogurt LUNCH

Hambrgr or Cheesebrgr Lettuce, Tomato, Onion Baked Fries & Fruit Milk Choice

Nat'l English Muffin Day

Breakfast Sandwich on **English Muffin**

LUNCH - NEW ITEM Jalapeno Cheesy Bites

Side Salad & Fruit Milk Choice

24

BREAKFAST

WG Chocolate Swirl Roll LUNCH

Chicken Patty on WG Roll Tater Tots Veggie Sticks & Fruit Milk Choice

25

BREAKFAST WG Donut

NY THURSDAY LUNCH

Lasagna Rollup w/ assorted cheeses Garlic Bread Apple & Milk Choice 26

BREAKFAST Cinnamon Roll

NAT'L PRETZEL DAY

LUNCH - NEW ITEM

Pretzel Dog, veggie sticks, dill dip & grapes Milk Choice

29

BREAKFAST

French Toast Sticks LUNCH

Chef Salad w/ Pita & Fruit Milk Choice

30

23

BREAKFAST

Bagel w/ CC LUNCH

Cheesy Bread Sticks w/ Marinara Veggie Sticks & Fruit Milk Choice







Menu Subject to change!

Notice will be posted when available.