



Do you have benefits that you aren't taking advantage of?

Your **Employee Assistance Program (EAP)** is a free and confidential employer-provided benefit to assist you and your family members with life's problems and distractions as well as to assist you in taking advantage of life's opportunities.

You may know that your EAP provides counseling, coaching, and training benefits, but did you know that you can also get legal consultations, help for debt and other financial issues, discounts on popular products and services, and much more? And did you know that these benefits are not just available to you but to eligible family members, too?

To help you **learn more about the benefits available to you and your family**, we invite you to attend a 30-minute **EAP Benefit Overview** on **Wednesday, January 31st from 2:00-2:30** (Eastern Time). Registration is required as capacity is limited.

Register in advance for this meeting:

<https://us06web.zoom.us/meeting/register/tZ0tcO2rrz0oH9aCUZI0TYXotv6FToieoIKT>

After registering, you will receive a confirmation email containing information about joining the meeting.

If you are unable to attend, stay tuned for an additional overview opportunity on March 20th from 2:00-2:30 pm EST.

800.252.4555

<https://www.theEAP.com/Educators-EAP>