



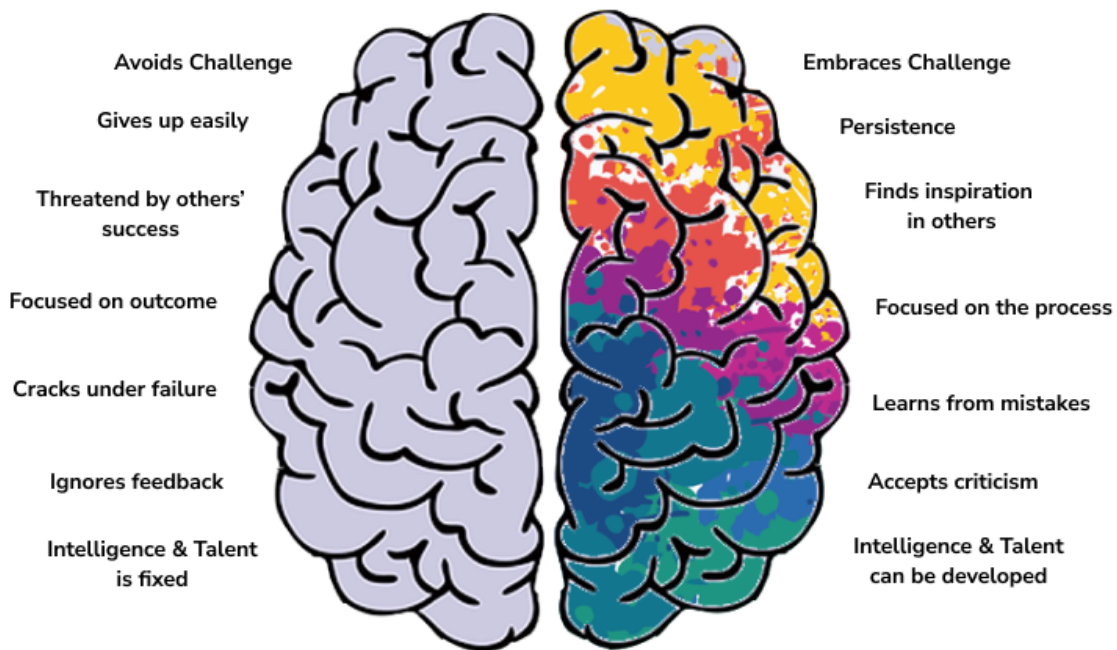
COUNSELOR CONNECTION

Berlin Elementary School

Welcome back! The school year is off to a great start and we are so excited to see both new and familiar faces in our building for another amazing year 😊

As the school year gets started and we all set personal and/or academic goals, it's important to remember that it is okay to make mistakes! Mistakes help us learn! This is true for both academic growth and social emotional growth. In order to achieve our goals, it's important for us to embrace a growth mindset! Please see the image below for more information.

Fixed Mindset vs. Growth Mindset



Brain Power
ACADEMY

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Made for "Tapping into Student Motivation"
a Brain Bite™ Course

Restorative Practices, what are they?

Restorative Practices focus on “fostering a sense of community within classrooms to prevent conflict, and on reacting to misconduct by encouraging students to accept responsibility and rebuild relationships” (Kirsch, [FutureEd](#))

Schools have really started utilizing restorative practices as a way to build community and help students learn from mistakes they make. Berlin has been growing the use of restorative practices for the past few years and we have found it beneficial with most students. These restorative practices don't take away from their learning, if anything it enhances their learning.

Restorative practices include environmental pieces like how the

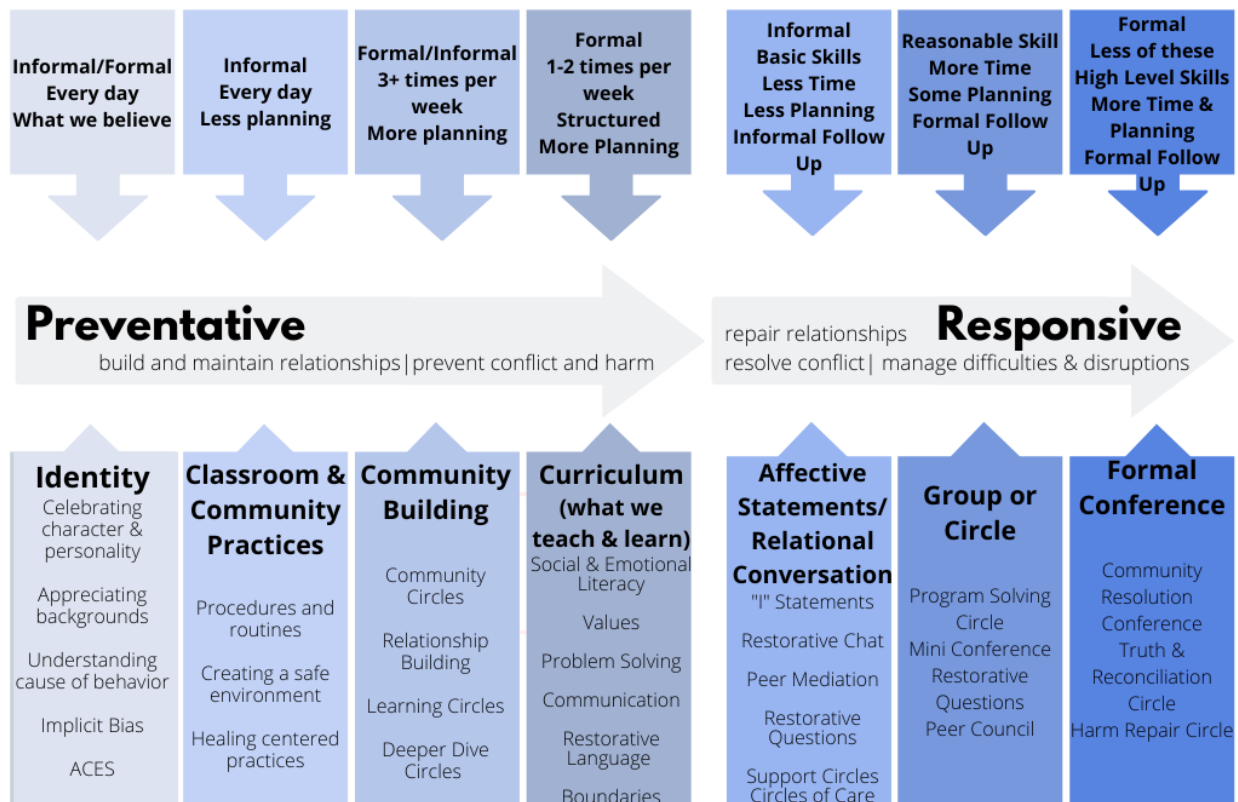
classroom is set up, whole-class practices like student and teacher group contracts (acting as rules for the classroom), or more targeted strategies such as having students discuss a problem that has happened and how they can work together to fix it. Below you will find an image that breaks down how restorative practices can be used in schools.

[Here is a short video about Restorative Practices.](#)

We will continue discussing restorative practices on this newsletter, so stay tuned!



Restorative Schools & Communities



Adapted from Wachtel and McCold, 2001

Classroom Lessons

Classroom lessons are off to a great start this year! We are using the Second Step program again this year (www.secondstep.org for more

information). Mrs. Steller will be teaching classroom lessons in grades K-2 and Mr. Shaw will be teaching in grades 3-5. If you have any questions or concerns regarding the classroom Social Emotional Lessons, you can find Mrs. Steller and Mr. Shaw's contact information at the bottom of this newsletter.

A letter is being sent home regarding Personal Safety lessons that will be taught by the St. Peters Crime Victims Services Program. These lessons will be scheduled for classrooms either on Monday October 16th or Tuesday October 17th. If you have any questions, please reach out to Mrs. Steller or Mr. Shaw.

You are invited to the BCSD

Community Partnership Committee

The purpose of this committee is to uplift and highlight the activities that are already happening in our local community while also working with the school to schedule around or with any events or programs that are currently happening in the school district.



**Tuesday, October 17th
6pm-7pm**

In the BMHS Library (or join us on google meet!)
(followed by the Board of Education meeting @ 7:15 in the MHS cafeteria)

For more information (and/or the google
meet link) please contact:

James Taylor-Shaw
BES Family Liaison & School Counselor
jtaylorshaw@berlincentral.org

[Click here for our Community Assistance Page!](#)

**[Click here for our Community Support Programs &
Community Events Page!](#)**

Meet the Counseling Staff!



MRS. STELLER

School Counselor
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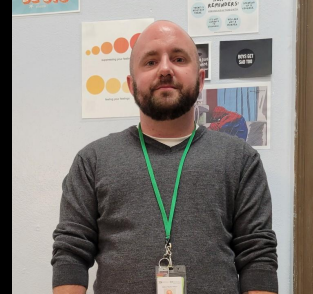
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MS. TEPLITSKY

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