

Community Hospice: *Grief Counseling & Services*

Pediatric Support Services

The Community Hospice provides free short-term counseling services for children & teens after the loss of a loved one. Please apply online, or call us at: 518-724-0200

****Email and online applications are not monitored 24/7. If you are experiencing a medical or mental health emergency, please call 911 or go to the nearest emergency room.****

Wave Riders Group Schedule

The award winning Community Hospice Wave Riders Program helps children (aged 3-17 years old) who have experienced the death of someone significant in their lives, including a parent, grandparent, sibling or friend, learn to “ride the waves of grief” and work towards healing and growth. This group is free of charge.

Working in small groups facilitated by the professional bereavement staff of Community Hospice, children can recognize and express their feelings in a safe and caring environment, receive guidance and support as they adapt to changes in their lives and families, and build self-esteem by validating the normal feelings of grief.

Children feel less isolated as they meet peers their own age, who also are dealing with a loss, and through expressive art, music, games and discussion, they are able to work toward healing and growth.

All via Zoom. All free of charge. Open to ages 3-17. Contact us for more information on how to participate by calling 518-724-0200, or apply on our website:

<https://www.hospicegriefservices.com/children-and-teens>

Wave Riders 2022 Schedule:

January Wave Riders Group

Monday & Tuesday, January 10th to January 25th

4:00pm – 5:00pm

March Wave Riders Group

Monday & Tuesday, March 14th to March 29th

4:00pm - 5:00pm

May Wave Riders Group

Monday & Tuesday, May 2nd to May 17th

4:00pm - 5:00pm

July Wave Riders Group

Monday & Tuesday, July TBD

4:00pm - 5:00pm

August Wave Riders Group

Monday & Tuesday, August 1st to August 16th

4:00pm - 5:00pm

November Wave Riders Group

Tuesday & Wednesday, November 8th to November 22nd

4:00pm - 5:00pm



Camp Erin 2022!

Date: Saturday October 1st

Time: 10a-3p

Location: Boyd Thacher State Park

830 Thacher Park Road, Voorheesville, NY 12186

Apply online:

<https://www.hospicegriefservices.com/camp-erin>

****Never fear! While we can't predict the fall of 2022 will bring, we can promise you that Camp Erin will run- whether we meet at the park or virtually, we will find a way to gather and support one another.**

Camp Erin Albany is a free bereavement day camp for youth, who are grieving the death of a significant person in their lives. Children and teens ages 6 to 17 attend a weekend camp experience that combines grief education and emotional support with fun, traditional camp activities. Led by bereavement professionals and caring volunteers, campers are provided a safe environment to explore their grief, learn essential coping skills, and make friends with peers who are also grieving. There is no cost to families.

30 campers will attend Camp Erin - Albany, all of which:

- Are aged 6-17 years old and have never previously attended an in-person Camp Erin - Albany
- Have experienced the death of a family member or friend
- Have lost their loved one due to any reason, including homicide, suicide, overdose, accident, cancer, illness, suddenly, unexpectedly, or natural causes

Requirements for Camp Erin - Albany

- Grief Services Application – Must be completed by the legal guardian by 8/1/22
- Guardian and children must meet with a Grief Counselor
- All paperwork and a photo of the child must be submitted prior to reserving a camper spot by 9/1/22

Once accepted for Camp Erin, families will:

- Guardian (s) attend the virtual Camp Erin preparation meeting, Friday 9/16 5p
- Attend Camp Erin Saturday October 1st!!

For more information, please call 518-724-0200

Grief Support Services for Adults

The Community Hospice provides free grief support services to those who have experienced the death of a family member or friend.

We are here to help everyone in the community--even if your loved one wasn't a Community Hospice patient.

Please reach out for assistance by completing [our grief services request form](#).

You can also get more information here: [The Community Hospice's Grief Services](#)

Crisis Grief Counseling

Over the decades, we have developed a top team of specialists who can help people cope with the grief of losing a loved one.

And we can make that team available for any number of losses. Schools sometimes lose a student under tragic circumstances, or workplaces suffer an unexpected loss.

When that happens, Community Hospice can dispatch its team to lead group and personal grieving sessions. People can share their feelings, learn coping mechanisms and get a head start on the emotional recovery they need.

Please call us for more information at 518-724-0200

Grief Counseling - Family &/or Individual Sessions

The Community Hospice provides information and support to facilitate successful transitions through the grief process. Typically our counselors provide one to six sessions per client, and then often refer to one of [our support groups](#)

[Online Application](#) - [Printable Application](#)

<https://www.communityhospice.org/services/grief-support/>