

# **Unity House**

Community Resources Programs

Housing and Support Services Programs

Domestic Violence Services Programs

# About Unity House

*Since 1971, Unity House has been Making Life Better in the Capital Region.*

We are a Rensselaer County-based human service agency that provides a wide range of services to meet the otherwise unmet needs of people in our community who are hurting and struggling. We assist those who are living in poverty, adults living with mental illness or HIV/AIDS, victims of domestic violence, and children with developmental delays. We work to achieve social justice in our community and to create a better understanding of those we serve.

## **Mission Statement:**

Unity House is dedicated to enhancing the quality of life for people living in poverty, adults with mental illness, victims of domestic violence, children with developmental delays and their families, people living with HIV/AIDS, and others whose needs can effectively be met by Unity House services and philosophy. Unity House provides direct service and works toward social justice. We help individuals identify their strengths and needs, draw upon their abilities, and access community resources. We educate, collaborate with others and advocate to influence public policy and to create awareness of the people we serve and the issues they face.

## **Core Values:**

With passion and integrity, Unity House embraces the view that everyone deserves equal economic, political, and social rights. We work together to open the doors of access and opportunity for everyone, particularly those in greatest need.

## **Community Resources Programs**

### **Emergency Assistance**

Emergency assistance is provided to help people meet their basic needs. This assistance can help to prevent an eviction or loss of utilities through negotiated agreements with property owners or utility companies, budget planning, and direct financial support.

Please try to call (518) 274-2607 if you have a need.

Thanks for helping us maintain safe spaces.

### **Family and Neighborhood Resource Center**

The Family and Neighborhood Resource Center is a collection of programs dedicated to improve the quality of life for vulnerable people. The program helps individuals and families secure basic resources like food, clothing and shelter as well as supports to foster community interdependence. Classes, such as financial literacy are also available in SEFCU Employment and Training Center.

Please try to call (518) 274-2607 if you have a need.

If you have a donation of groceries or wish to drop off a gift for the pantry, please call (518) 274-2607.

### Food Pantry/Basics for Babies Pantry

The Food Pantry provides three-day supplies of food, diapers, formula and baby food to parents in need. Annually the Pantry provides a holiday meals program, providing groceries for complete Thanksgiving and Christmas dinners for families.

Please call (518) 274-2607 about picking up groceries from the pantry.

### Community Meals & Resource Center

For public health, sit-down meals have been suspended. Meals are available on a To-Go basis.

Community Meals serves lunch on weekdays. All are welcome in our dining room where guests can enjoy a meal at restaurant style seating. Our dining room is located on the second floor of Unity House's Front Door at 2431 Sixth Avenue in Troy. Lunch is served from 11:30 am – 1:00 pm.

Volunteers are always needed in the Unity House kitchen, dining room and food pantry. Consider contacting the Volunteer Desk at (518) 274-2607 x4135 or [Volunteer@UnityHouseNY.org](mailto:Volunteer@UnityHouseNY.org) for more information.

## ReStyle Thrift Store

For public health, our store is temporarily closed. For those with an emergency need for clothing, please call us at (518) 274-2607 and we will arrange help.

In fair weather, we can offer a pop-up parking lot shot, weekdays, from about 10-1pm. Please call ahead as the store is largely dependent on fair weather and access to volunteers.

**ReStyle is Unity House's thrift store.** The store offers new and used clothing, shoes, and accessories for the whole family at low prices. ReStyle offers items by acting as a "broker" among people who have items to donate and people who have a need for those items. Individuals with an urgent need and no resources to purchase items can seek assistance through our emergency assistance department.

ReStyle gladly accepts cash or Visa/MasterCard/American Express for payment. All Sales Final. ReStyle cannot accept returns or exchanges.

Spring/Summer 2021: *we are unable to accept or process donations of clothing.*  
Thanks for helping us maintain safe spaces for those we serve.

## NOEP Coordinator to help with Food Stamps

NOEP = Nutritional Outreach and Education Program Unity House has a NOEP Coordinator: (518) 274-2633 ext. 4108. The Unity House NOEP Coordinator, Karen McKenzie, offers free, confidential services to help people get nutrition assistance. The coordinator can assist with **certification and re-certification of SNAP benefits**, commonly known as food stamps.



The coordinator position is made possible in partnership with Hunger Solutions NY, a program that manages NOEP in nearly every county in New York State and throughout all boroughs of New York City. To find a NOEP Coordinator in a county other than Rensselaer County, please visit the website for Hunger Solutions NY.

June 2020: If you need help, please CALL (518) 274-2607 so we may have a confidential conversation over the phone.

## Northeast Career Planning at Unity House

Focus: empowering individuals with disabilities to break through barriers to employment.

This program helps with opportunities for employment, training, and education. Career Planning promotes recovery and utilizes strategic partnerships to offer person-centered services.

### Locations

#### **Northeast Career Planning at Unity House sites:**

##### **TROY**

2431 6<sup>th</sup> Ave. in Troy, NY 12180

(518) 274-2607

##### **MENANDS**

339 Broadway in Menands, NY 12204

(518) 465-5201

##### **GLENS FALLS**

16 Pearl Street in Glens Falls, NY 12801

(518) 812-0280

##### **HUDSON**

1 Vapor Trail in Hudson, NY 12534

(518) 312-4831

## **PROS – Personalized Recovery Oriented Services**

PROS on Broadway is a comprehensive recovery-oriented program for individuals with severe and persistent mental illness. The goal is to integrate treatment, support, and rehabilitation in a manner that facilitates recovery.

### **Corporate Partners**

Through the Corporate Partnering Program of New York State Industries for the Disabled (NYSID), we partner with regional companies, including:

- Secure Scan, Document Scanning
- Camelot Consulting Services
- Green Facility Solutions

The purpose of the Corporate Partnering Program is to develop business opportunities between Preferred Source agencies and private vendors to provide economic incentives for both partners to create new integrated work opportunities for people with disabilities. Disabled individuals working on NYSID Preferred Source contracts perform the majority of contract work (more than 50%).

Greater awareness of these partnerships has increased private sector competition for state contracts and increased willingness on the part of private companies to employ people with disabilities.

We oversee Employment Contracts within New York State and federal agencies. These Employment Contracts provide employment for persons with

disabilities in integrated settings located at NYS agencies and at federal agencies, such as The Office for Housing and Urban Development (HUD).

For more detailed information and history on Corporate Partnerships please visit <http://www.nysid.org/>.

### **Frequently Asked Questions:**

#### **What is PROS?**

PROS stands for Personalized Recovery Oriented Services. PROS services are designed to help individuals develop strengths and skills to overcome barriers that prevent the achievement of life goals.

#### **Who is eligible?**

Individuals 18 years or older with a psychiatric disability, living in Albany or Rensselaer Counties and covered by Medicaid are eligible. Self-pay options are available.

#### **Where do I go?**

PROS is located in Menands, NY. PROS services include both classroom activities and individual counseling. A recreation room and on-site cafeteria are available.

#### **What can I expect?**

There are over 70 (45 minute) classes covering a variety of topics for individuals to choose from. PROS services are offered Monday through Friday 9am to 4pm.

## **How does it help?**

Participating in PROS can help you:

- Live more independently in the community
- Involve your family in your recovery
- Develop a detailed road map to reach your goals
- Build your support system through peer and professional interaction
- Find direction and meaning in life

To learn more, contact a PROS Practitioner: (518) 465-5204 or [PROS@northeastcareer.org](mailto:PROS@northeastcareer.org).

## **PROS Classes include:**

- Building Relationships
- Constructive Communication
- Wellness Self Management
- Building Self Esteem
- Interviewing Preparedness
- Relapse Prevention
- Independent Living Skills
- Parenting
- Meditation and Relaxation
- Organizing Your Life
- LGBTQ-Related Topics

### **Assisted Competitive Employment (ACE)**

Offers a continuum of vocational services for those with Mental Health diagnoses and reside in Columbia County. This program focuses its service approach on the foundation that competitive employment is a recovery goal. Services are individualized and participant choice is at the center of all service interventions.

### **Diagnostic Vocational Evaluation (DVE)**

Assessment of individuals' strengths and limitations through standardized testing. Vocational skills, interests and aptitudes are identified in order to recommend training and/or job placement and to develop a realistic vocational plan.

### **Interpreter Services**

Provides qualified professional interpreters and available wherever full access to communications is required for deaf individuals.

### **O.A.S.A.S. Vocational Services (Office of Alcohol & Substance Abuse Services)**

Comprehensive, vocational rehabilitation services to individuals with chemical dependency issues participating in specific substance abuse treatment programs. The New Choices program also falls under this funding.

### **Preferred Source Employment Contracts**

Provides employment for persons with disabilities in group and individual settings located at New York State and federal agencies, such as the State Education Department, United States Housing and Urban Development, and New York State Archives. Job titles vary but include clerical, mailroom, and janitorial responsibilities.

### **Prevocational Services**

Addresses individuals' vocational interests. They assist individuals who are interested in joining "the world of work" but whose skills are such that they may not expect to obtain competitive employment within the next year.

### **School-to-Work Services**

Provides students and young adults with vocational education through integrated work, community involvement and vocational exploration. Collaborations with specific high school districts serving all youth with disabilities. Additional targeted contracts in Albany and Rensselaer Counties for youth with mental illness and/or emotional disability.

### **Supported Education**

A mobile community program which assists individuals with mental illness in choosing, acquiring and maintaining educational goals. Educational pursuits range from acquisition of basic literacy skills through the achievement of Bachelors, Master's and/or Professional degrees.

### **Supported Employment**

Job placement services that offer assisted job development, job placement, intensive job coaching and ongoing extended support services for individuals with the most severe disabilities who, without these supports, may be unable to maintain independent competitive employment.

### **Traditional Job Placement**

Job placement services that assist individuals establish job goals, examine the labor market and hiring trends, plan and manage a job search, and secure employment. Also included is ninety days of post-employment follow-up counseling and support to ensure successful transition. Re-placement services are available if needed.

### **Work Center Services**

Provides adults the opportunity to be gainfully employed while in a supportive and structured environment. The work center employees complete production tasks for various manufacturing contracts while improving work skills and developing strong work habits. Individual vocational counseling services are provided in conjunction with participants' residential case managers, Medicaid Service Coordinators and other clinical providers.

Addresses individuals' vocational interests. They assist individuals who are interested in joining "the world of work" but whose skills are such that they may not expect to obtain competitive employment within the next year.

## EmploymentU

Made possible through generous support from Cap Com Federal Credit Union, EmploymentU provides employment services to those who lost employment in the hospitality/restaurant industry due to the pandemic. Many individuals may need to redefine and transition their skills to get employed in new industries and start new careers. Participants will undergo an initial intake process and an evaluator will determine which training and supports best meets their needs.

Participants may receive some or all of the following services: resume creation, application assistance, interview skills training, job development and employer advocacy, job placement, and both on-site and off-site job coaching. The services are person centered and will be offered according to each person's individual needs.

For more information, call (518) 465-5202 x213.

# Housing and Support Services Programs

## Case Management Services

Unity House's Housing and Support Services Program provides ongoing case management services for adults living with mental illness, people living with HIV/AIDS and/or people with chemical abuse.

## Adults Living with Mental Illness and/or Chemical Abuse

Case Management Services works with both young adults and adults with mental illness and chemical abuse. Unity House staff meet with people to assess their service needs and provide case management services including making referrals and coordinating care. If the individual requires Unity House's Community Residence Services, the case manager continues to work with him/her in the community. Individuals may remain with family or in an independent apartment if they chose. Case managers provide direct service 1-3 times per week, based on an individual's need. The level of service is diverse and intensive and may include: independent living skills training, obtaining and maintaining housing, utilities and employment, coordinating with providers and connecting clients to community resources. Services continue on a time-limited basis until services are no longer needed.

## **Admission Criteria for Case Management for Adults Living with Mental Illness and/or Chemical Abuse:**

### **Young adult case management**

- Individuals must be 17-24 years of age.
- Have a primary psychiatric diagnosis.

- Priority is granted to Rensselaer County residents.

### **Chemical Abuse (MICA) Case Management**

- Individuals must be at least 18 years of age.
- Have a primary psychiatric and substance abuse diagnosis.
- Individuals must be affiliated with an outpatient mental health treatment provider.

*To make a referral, please contact the Housing Support Services Program Director at 518 272-1611 x4182.*

### **People Living with HIV/AIDS**

The Supported Housing Program for people living with HIV/AIDS provides intensive, family-centered case management services to HIV infected and high risk persons who are identified as having had difficulty accessing medical care and/or other services, and who require frequent personal contacts and/or home visitation to ensure their return for medical care and other needed services.

### **Admission Criteria for Supported Housing for People Living with HIV/AIDS:**

- HIV +
- Medicaid eligible.

*To make a referral, please contact the Housing Support Services Program Director at 518 272-1611 x4189.*

## Community Housing Assistance Program (CHAP)

The Unity House Community Housing Assistance Program (CHAP) provides comprehensive case management services including assistance in securing and maintaining permanent housing. Through a network of support services, home visits, daily living skills training, symptom management and social skills development, services are tailored to meet individual needs.

### **Other information:**

- Rent stipends are provided based on consumer income.
- No program fee.
- **Admission Criteria:**
  - Mental health and/or substance abuse diagnosis.
  - HUD defined homeless.
  - Income eligible.
  - Able to self-medicate.
  - Able to maintain an apartment in the community.

*To make a referral, please contact the Housing Support Services Program Director at 518 272-1611 x4182.*

## Community Residence Services

The Unity House Community Residence Services Program fosters a structured, supportive environment for individuals to learn daily living skills such as cooking, medication management, budgeting and personal care. Individuals are integrated into the community by involving them in off-site day programming and community activities at a pace commensurate with their function and coping abilities.

### **Other information:**

- Staff provide intensive training and assistance to residents.
- As individuals increase their independence and acquire skills, they may transition to a less structured setting.
- **Admission Criteria:**
  - Individuals must have a primary psychiatric diagnosis.
  - Must be at least 18 years of age.
  - Affiliation with an outpatient mental health treatment provider.

*To make a referral or to obtain more information, please contact the Housing Support Services Asst. Service Director at 518 272-1611 x4191*

## Supported Housing

The Unity House Supported Housing Program is available to adults living with mental illness, people living with HIV/AIDS or victims of domestic violence.

### *Adults Living with Mental Illness*

The Supported Housing Program for adults living with mental illness provides comprehensive case management services including assistance in securing and maintaining permanent housing and a network of support services, home visits, daily living skills training, symptom management and social skills development.

### **Admission Criteria for Supported Housing for Adults Living with Mental Illness:**

- Mental health diagnosis.
- Income eligible.
- Ability to self-medicate and maintain an apartment in the community.

*For intake or more information, call the Housing Support Services Program Director at 518.272.1611 x4188.*

### *People Living with HIV/AIDS*

The Supported Housing Program for people living with HIV/AIDS provides assistance in securing and maintaining safe, permanent housing as well as housing case management services including home visits, individualized service plans, living skills training, transportation to medical/treatment providers, advocacy and referrals.

### **Admission Criteria for Supported Housing for People Living with HIV/AIDS:**

- Diagnosis of HIV + or living with AIDS.
- Homeless or unstably housed.
- Ability to self-preserve.

*For intake or more information, call the Housing Support Services Director at 518.272.1611 x4189.*

### ***Victims of Domestic Violence***

The Supported Housing Program for victims of domestic violence provides comprehensive case management services including affordable housing and assistance in securing and maintaining safe permanent housing, home visits, life skills training, advocacy, referrals, legal services, support services, safety planning and individual counseling.

### **Admission Criteria for Supported Housing for Victims of Domestic Violence:**

- Victim of domestic violence, homeless, mental health diagnosis and/or substance abuse.
- Must be income eligible.

*For intake or more information, call Domestic Violence Emergency Services Director at 518.272.5917.*

### **Other information related to all three programs:**

- Services are client-centered and tailored to meet individual needs.
- Rent stipends provided based on consumer income.
- No program fee.

## Situational Crisis Bed

The Unity House Situational Crisis Bed is located in a designated community residence and serves as an alternative to inpatient hospitalization for people experiencing acute symptoms of their mental illness. The Situational Crisis Bed can be used to prevent an inpatient admission or to shorten the length of an inpatient stay for a person returning to the community. Services provided when a person is in the Situational Crisis Bed include: crisis management, medication supervision and coordinated treatment within the 24-hour Community Residence. The length of stay in the Situational Crisis Bed is one to seven days.

*To make a referral please contact the Housing Support Services Asst. Service Director at 518.272.1611 x4191.*

## Transitional Apartment Service (TAS)

The Unity House Transitional Apartment Services Program (TAS) provides safe, secure furnished apartments for adults with mental illness. Services are provided through home visits up to 7 days a week, based upon individual needs. TAS is regulated by the New York State Office of Mental Health (OMH).

### **Other information:**

- Rehabilitative services are provided.
- Individual Services Plans are created and cover: apartment management, daily living skills training, case management, medication management, entitlement assistance, and coordination of services with other service providers.
- Program fee based upon income.
- Peer support provided evenings and weekends to assist with activities of daily living, socialization, transportation and emotional support.
- **Admission Criteria:**
  - Primary psychiatric diagnosis.
  - Affiliation with an outpatient mental health treatment provider.
  - Must be at least 18 years of age.
  - Must be a resident of Rensselaer County.

*For intake or to obtain more information, please contact the Assistant Service Director at 518.274.2633 x4191.*

## Home and Community Based Services

Unity House can provide long-term care services and support in the home or community.

You can download our Unity House HCBS Brochure.

Unity House is a designated provider of Home and Community Based Services (HCBS) in Albany, Rensselaer, Saratoga, and Schenectady counties. Unity House can offer the following Behavioral Health Home and Community Based services:

- Education Support Services
- Empowerment Services-Peer Supports
- Family Support and Training
- Habilitation
- Intensive Supported Employment (ISE)
- Non-Medical Transportation
- Ongoing Supported Employment
- Prevocational Services
- Psychosocial Rehabilitation (PSR)
- Short-Term Crisis Respite
- Transitional Employment
- Unity House is a participating provider with all the major Capital District managed care organizations. We have been providing HCBS services to consumers since October 2016.

*For intake or to obtain more information, please contact the Housing Support Services Program Director at 518.272.1611 x4163.*



## UNITY HOUSE OF TROY HCBS CONTACTS

**Information:** Linda Lewis  
518-274-2607, ext. 4180  
LLewis@UnityHouseNY.ORG

**Intake:** Michelle Nadeau  
518-274-2607, ext. 4163  
MNadeau@UnityHouseNY.ORG

**Billing:** Melissa Rost  
518-274-2607, ext. 4151  
MRost@UnityHouseNY.ORG



## OUR MISSION

Established in 1971, Unity House of Troy is a nonprofit community-based agency located in New York's Capital District. With passion and integrity, Unity House embraces the view that everyone deserves equal economic, political and social rights.

Unity House is dedicated to enhancing the quality of life for:

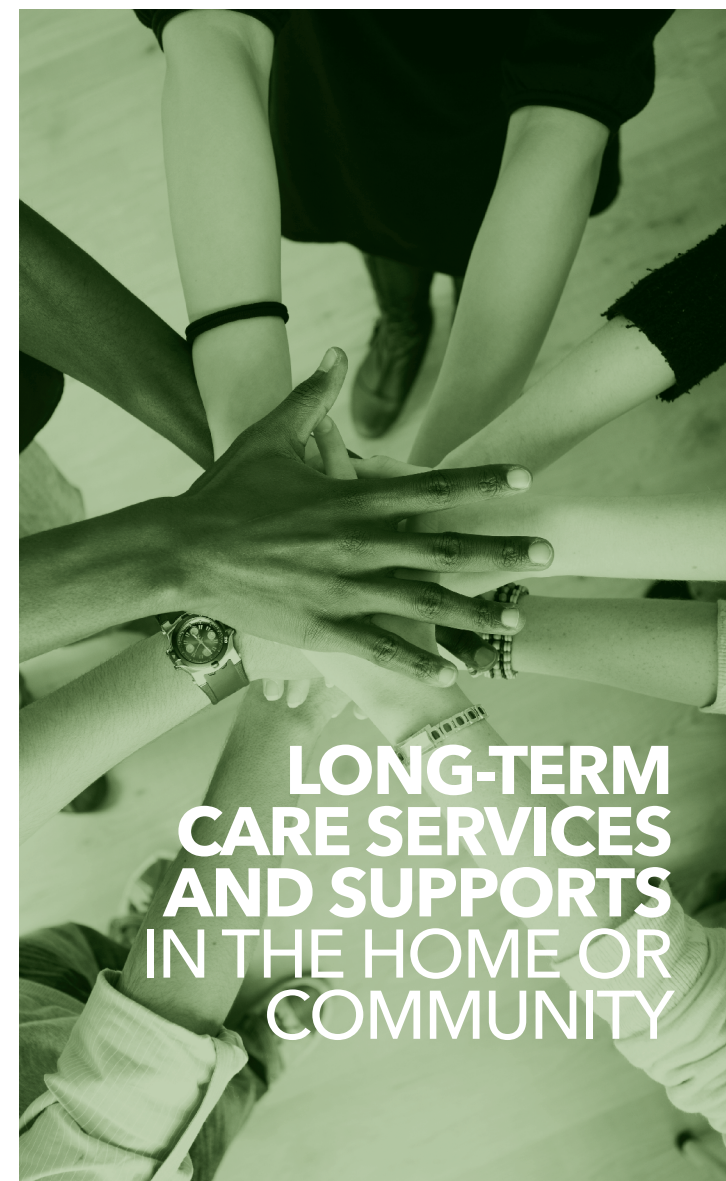
- People living in poverty
- Adults with mental illness
- Victims of domestic violence
- Children with developmental delays and their families
- People living with HIV/AIDS

At Unity House, we work together to open the doors of access and opportunity for everyone, particularly those in greatest need.

Contact Unity House to learn more.

### UNITY HOUSE OF TROY

2431 Sixth Avenue Troy, NY 12180  
(518) 274-2607 • HCBS@UnityHouseNY.ORG  
Visit us on the web: [www.unityhouseny.org](http://www.unityhouseny.org)



**LONG-TERM  
CARE SERVICES  
AND SUPPORTS  
IN THE HOME OR  
COMMUNITY**



**Unity House of Troy is designated to provide the following Behavioral Health Home and Community Based Services in Albany, Rensselaer, Saratoga, and Schenectady counties:**

- Education Support Services
- Empowerment Services-Peer Supports
- Family Support and Training
- Habilitation
- Intensive Supported Employment (ISE)
- Non-Medical Transportation
- Ongoing Supported Employment
- Prevocational Services
- Psychosocial Rehabilitation (PSR)
- Short-Term Crisis Respite
- Transitional Employment

Unity House is a participating provider with all the major Capital District managed care organizations. We have been providing HCBS services to consumers since October 2016.

Our HCBS program builds on our long history of providing behavioral health services, supportive housing, supportive employment, and crisis respite to Capital District residents facing multiple health and economic challenges.

**Education Support Services:** Unity House counselors assist consumers to define educational goals and develop strategies and supports to achieve them.

**Empowerment Services-Peer Supports:** Unity House's OMH Certified Peer Specialists foster trust and inspire hope.

**Family Support and Training:** Our trauma-informed counselors help individuals to engage family members in their recovery.

**Habilitation:** Our experienced counselors provide person-centered, strengths-based training in daily living skills.

**Intensive Supported Employment (ISE):** Employment Specialists coach consumers in the skills needed to find and keep meaningful jobs.

**Non-Medical Transportation:** Unity House provides consumers access to non-medical transportation, critical to recovery and community reintegration.

**Ongoing Supported Employment:** Employment Specialists provide all reasonable supports and interventions an individual may need to keep their job.

**Pre-Vocational Services:** Employment Counselors help consumers develop "soft skills" that may ultimately contribute to employability in integrated and competitive community work settings

**Psychosocial Rehabilitation (PSR):** Our counselors coach participants in behaviors and skills to maximize independent self-management and community integration.

**Short-Term Crisis Respite:** Unity House provides 24-hour hospital diversion or step-down behavioral health crisis services.

**Transitional Employment:** Our Employment Specialists provide time-limited supports to strengthen work skills leading to long-term employment.



## Health Home Services

Unity House offers Health Home Care Coordination services.

Not an Actual Home

A 'Health Home' is not a physical place; it is assistance for Medicaid recipients to ensure they get the care and services needed to stay healthy. Participants work with a care manager to develop a care plan, mapping out a road to better health. Eligibility includes:

- Active Medicaid
- Two or more chronic conditions (e.g., Substance Use Disorder, Asthma, Diabetes\*) OR
- One single qualifying chronic condition: HIV/AIDS or
- Serious Mental Illness (SMI) (Adults)

You can download the Health Home Program of NYS brochure and visit their website.

*For intake or to obtain more information, please contact 518.272.1611 x4189.*

# **Domestic Violence Services Programs**

## **Help is Available Around the Clock**

Unity House's 24-hour Domestic Violence Hotline, text line, and web chat feature are anonymous services which provide crisis intervention, information and referrals 24-hours a day, year-round. Collect calls accepted. To talk with an advocate in confidence:

Call (518) 272-2370

Text: (518) 720-6161

Or use web chat online: [rc.chat/uhdvs](https://rc.chat/uhdvs)

## **Cell Phones**

Unity House has 911 cell phones that are available for victims of domestic violence free of charge. For more information, call Domestic Violence Emergency Services at 518.272.5917.

## **Outreach services and information are available at our non-residential spaces located in Troy and Rensselaer County:**

504 Broadway

Troy, NY 12180

Monday-Friday, 8:00AM-5:00PM

No appointment necessary.

Phone: (518) 272-5917

All services are free and confidential

## **Rensselaer County Rural Outreach**

In the Hoosick Falls Armory, 80 Church Street.

No appointment necessary.

Phone: (518) 687-3024

Monday-Friday 10:00AM-4:00PM

All services are free and confidential

## **Case Management**

Case Managers work with victims of domestic violence to assess their needs and provide safety planning based on an individual's need. The level of service is diverse and intensive and may include: living skills training, obtaining and maintaining housing, utilities and employment, financial literacy, legal assistance, coordinating with the Department of Social Services, Mental Health Services, health care providers and other community resources.

*For more information, call Domestic Violence Services at 518.272.5917.*

## **Community Education, Outreach and Training**

Domestic Violence awareness and training is available to the public and community agencies interested in becoming knowledgeable about domestic violence, stalking and related matters.

Looking for a free speaker to address your youth group, book club, or team about a topic like Teen Domestic Violence Awareness and Prevention or Human Trafficking? Contact us about sharing expertise delivered in an age-appropriate structure.

## Teen Dating Violence Awareness and Prevention

Dating violence and healthy relationships education programs are available for high schools and colleges, and other youth providers. Additionally, counseling services are available to staff, parents, and youth who are experiencing dating violence, as well as those serving populations experiencing dating violence.

Unity House's Domestic Violence Services program has an extensive youth program that can provide both counseling and case management to youth experiencing domestic, dating, and family violence.

Counselors are also available to support school personnel when dating violence occurs among students.

## Counseling

Individual and group support is available to victims of domestic violence and their children. Unity House also provides support groups for survivors of domestic violence and their families.

## Crime Victims Assistance and Human Trafficking

**Crime victims** can access crime victim applications and receive assistance with completing their applications. Unity House also has Notary services available on site.

### **Human Trafficking**

Human trafficking is the use of force, fraud, or coercion to obtain some type of labor or commercial sex act. It often involves transportation of undocumented victims through force or fraud away from their country of origin.

Unity House assists all human trafficking victims; both sex and labor trafficking in meeting their emergency and on going needs. Unity House serves all victims regardless of immigration status. Through our confidential safe shelter we are able provide emergency housing for trafficking victims. Unity House works to serve trafficking victims with ongoing case management and assistance. Case managers work with victims both short term and long term to meet all safety and sustainability needs. Unity House has therapist who are specifically trained in serving trafficking victims, and has a bilingual Spanish-speaking therapist. Unity House can offer free legal assistance with civil matters for all victims and referrals for victims seeking immigration assistance. Unity House is committed to providing voluntary, free, confidential and inclusive services.

## Law Project

Unity House's Law Project provides free legal consultation and representation to victims of domestic violence or any of our consumers who are in need of legal help. Our Law Project staff is experienced in resolving the often-complicated legal challenges faced by victims of domestic violence and others who are seeking civil legal relief.

Staff can provide assistance in preparing legal documents, court accompaniment, and direct representation. Legal services include: assistance in obtaining orders of protection, custody, child support, divorce and other family-court and non family-court related matters.

*For more information, call (518) 272-5917*

## Advocacy

Unity House educates, collaborates with others and advocates to influence policy to create awareness of the people we serve and the issues they face.

## Emergency Shelter

Unity House operates the only licensed Domestic Violence Shelter in Rensselaer County. Sojourner Place, the Domestic Violence Shelter, is available to survivors of domestic violence and their children who no longer have a safe place to stay free from violence.

The 33-bed shelter is inclusive of all and provides safe refuge in a confidential location. Services are provided to men, women, transgender people, and their children.

## Gun Violence Prevention

Gun violence is a topic that intersects with domestic violence at all levels.

*Did you know that a victim who experiences intimate partner violence with a weapon is at much greater risk of dying by gun violence at the hands of their batterer?*

The topic is especially poignant when addressing gun violence and teens, who, when living in an urban area, may be at heightened risk of dying by gun violence. That's why it's important that community organizations work together on street outreach.

Unity House is proud to partner with area agencies addressing this topic. If you would like to join us in this work, please contact us (518) 274-2607 x4133.

If you would like a speaker to talk to your youth group, book club, or office staff, please reach out.

Together, we can work towards making our community safe from gun violence.

## Outreach: Rural and Other Populations

Aside from operating the only licensed shelter for victims of domestic violence in Rensselaer County, Unity House's domestic violence services program also offers non-residential services and safety planning.

Services can be accessed in downtown Troy or in rural Rensselaer County. People in need of refuge, safety planning, or other services, can call the downtown Troy office or the satellite Hoosick Falls office.

No appointment is necessary: walk-ins are welcome to visit the non-residential offices:

**Downtown Troy:** Our Troy office is located downtown at 504 Broadway. Phone: (518) 272-5917

**Rural Rensselaer County:** Our Hoosick Falls office is housed in the Armory at 80 Church St in Hoosick Falls. Phone: (518) 687-3024



# Unity House

**In collaboration with the Hoosick Falls Police Department**



2nd Floor of the Hoosick Falls Community Center  
80 Church Street, Hoosick Falls, NY 12090  
Non-Emergency: (518) 272-5917

## **Services offered (all services are voluntary, free, and confidential):**

- Case management
- Counseling
- Advocacy with DSS, CPS, Police, Court, Housing & more
- Legal Representation & Consultation
- Education & Employment Assistance
- Sexual Assault Services
- Youth Services
- Referrals and Connections to other Programs/Services
- Emergency Shelter

## **Hotlines**

Call: (518) 272-2370

Text: (518) 720-6161

web chat: [rc.chat/uhdvs](http://rc.chat/uhdvs)