

THE SUPPORT YOUR FAMILY NEEDS, WITHIN REACH

Doctors • Treatment • Peer advocates • Access to Food
Housing-related support • School-related services
Transportation to appointments • Other community programs



Rensselaer County
Department of Mental Health

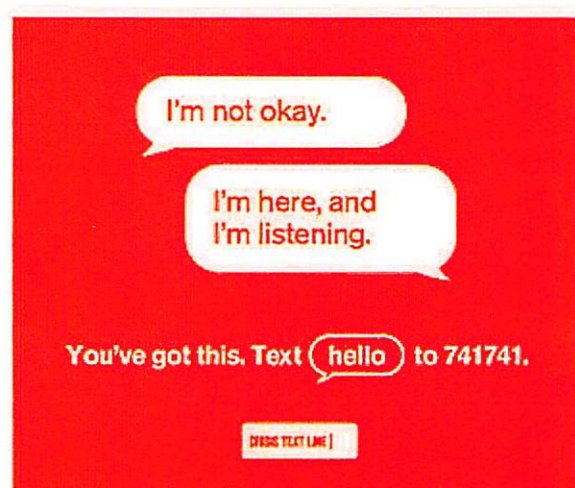
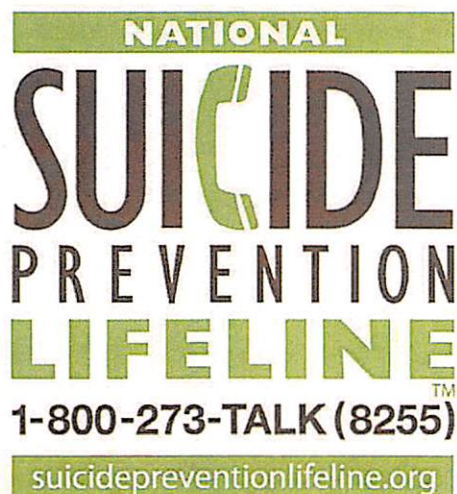
Davia Plusch
MH Coordinator/ SPOA

1600 7th Ave
Troy, NY 12180

Phone: (518) 270-2805
Fax: (518) 270-2723
dplusch@rensco.com

Fall 2021 Resources Guide

If You Are Feeling Hopeless or Suicidal:



Northern Rivers Mobile Crisis: 518-292-5499



RENSSELAER
COUNTY
SUICIDE
PREVENTION
TASK FORCE

rcsuicideprevention.com



Bringing hope, healing and

Rensselaer County
Dept of Mental Health
Services Provided



**RENSSELAER COUNTY
DEPARTMENT OF MENTAL HEALTH**

Steven F. McLaughlin
County Executive

Katherine G. Alonge-Coons LCSWR
Commissioner

CHILDREN'S SERVICES

Clinics: Troy, Rensselaer, Hoosick Falls, Rensselaer High School, Hoosick Falls Elementary School, Troy Middle School, Capital Care Physicians (Dr. Malone), Capital Care Averill Park (Dr. Thorne), School 2

Intake: Jennifer Borden (270-2849)

Director of Children's Services: Michelle Marte (270-2836)

Psychological Services, Psychiatric Services, After-hours On-Call: Available to clients who are admitted into the Children's Clinic (270-2800)

Case Management: Health Homes Serving Children, Care Coordination, HCBS Waiver, SPOA Committee, RTF referrals

Contact: Davia Plusch (270-2805)

Forensic: Court-ordered JD/PINS evaluations, Court Diversion Council

Contact: Michelle Marte (270-2836)

Prevention Program: Averill Park (MS/HS), Lansingburgh (MS, Turnpike Elementary), Berlin (HS), East Greenbush (MS/HS), Troy (HS), Rensselaer (HS), parenting classes, CRPA

Contact: Kirstein DonVito (270-2829)

ADULT SERVICES

Clinics: Troy (Family Treatment program), Rensselaer, Hoosick Falls

Intake for Troy: Jennifer Borden (270-2849)

Rensselaer: Chris Cosgrove (463-8869)

Hoosick Falls: Eric Katz (686-0694)

Psychological Services, Psychiatric Services, After-hours On-Call: Available to clients who are admitted into the Adult Clinics (270-2800)

Case Management: Supportive, Intensive, Health Homes

Contact: Kirstein DonVito (270-2829)

Forensic: RCJ

Contact: Tracy Sawyer (266-1671)

Substance Abuse: MICA Coordinator

Contact: Terra Stone (270-2694)

Certified Recovery Peer Advocate: Assistance with linkage to treatment, support, and engagement

Contact: Jesse Chapman (270-2857)

DSS/CPS: Provide clinical consultation, assist with referrals

Contact: Michelle Marte (270-2836)

Vocational: Job exploration, connection with training and education

Contact: Ranay Peck (270-2827)

65+ Outreach: Outreach and care management for seniors

Contact: Danielle Durkin (270-2781)

**Rensselaer County
Probation Dept**

(518) 266-7100

***important date-**

**Deadline for schools filing PINS for
truancy- March 1st**

*If your child is a Runaway, File a Missing Persons Report with local police department and contact Probation Department for assistance.

*Contact local police department if child becomes violent and/or destructive in the home

Mental Health Resources:

Rensselaer County Mental Health
518-270-2800

Mobile Crises:
518-292-5499

Substance Abuse Resources:

Hudson Mohawk
Recovery Center
518-272-3918

Conifer Park:
518-274-5143

Meetings of the PINS Triage Team are held weekly in the Conference Room of the Probation Department at:

547 Broadway 2nd Floor
Troy, N.Y.

Your scheduled
appointment time is:

Name of Duty Officer:



Rensselaer County Probation Department
547 River Street 2nd Floor
Troy, NY 12180
518-266-7100

STEVEN F. MCLAUGHLIN
County Executive
LAURA BAUER
Probation Director III

PINS DIVERSION PROCESS

WITH DEFINITIONS OF
TECHNICAL LANGUAGE AND
STEP-BY-STEP GUIDANCE

The PINS Triage Team is a consolidation of three departments in Rensselaer County: Probation, Mental Health, Social Services, and Youth, with representation from consumers

DEFINITIONS

What is a PINS?

PINS: A person less than 18 years of age who does not attend school in accordance with part one of Article 65 of the Education Law or who is incorrigible, ungovernable or habitually disobedient and beyond the lawful control of a parent or other person legally responsible

WHO may file a PINS complaint?

A parent, guardian, police officer, school official, or any recognized agent of a duly authorized agency.

What's NEXT?

There will be a meeting with the child, an Intake Duty Officer, and the person filing the complaint. This matter will be reviewed by the PINS Triage Team consisting of Probation, Mental health, Mediation, and Department of Social Services personnel. You will be given a scheduled appointment time in order for the team to assess your PINS complaint.

Possible ACTIONS:

1. It may be decided that this matter needs further assessment and services in an outside agency. A plan of action may include any number of services: counseling, parenting classes, after-school social skills training for teens, job placement, drug or alcohol treatment, home health assistance, or other preventive services.
2. This matter may be considered for adjustment services. At that time the Probation Intake Unit will determine the appropriate length of time necessary to resolve the matter appropriately.

There is no maximum time period for PINS diversion cases.

3. A formal petition may be filed with **Family Court** if a child refuses to cooperate with the services that have been suggested, or if the child is a runaway. Please be aware that referrals to Family Court are rare and it is very unlikely that your child will be placed outside of the home as a result of your PINS Complaint.

Food Pantries/ Nutrition

- Food Pantries of Rensselaer County**
- Cornell Cooperative Extension**

RENSSELAER COUNTY 2021

The Anchor

35 Boltwood Ave, Castleton 12033
M5-7pm TTH 9-2 sat 10-2
Emergency as needed
Contact: Paula Sancomb
518-732-4120

Brunswick Cares Community FP

www.brunswickchurch.org
42 White Church Lane, Troy 12180
Tues 5-7 pm, Sat 9-11 am
Contact: Sharon Derby / Bob Clarke
518-279-3792 / fax 279-0669

Commission on Economic Opportunity

www.ceo-cap.org
2328 5th Ave, Troy 12180
M-F 8-4:30
Ass't Dir Program Operations: Renata Gwozdz
Food Pantry Assistant Coordinator: Ian Mielke
518-272-6012 x247 / fax 687-0197

CoNSERNS – U

www.ccrda.org
50 Herrick St., Rensselaer 12144
M-TH 9-2; F 9-12
Contact: Jessica Zint
518-463-8571/ fax 463-8747

Doors of Hope

4348 Rte 150, West Sand Lake 12196
M-W: 9-4; TH 9-7; F: 9-4, Sat 9-12
Contact: Helene Hewitt
518-674-4048

Faith and Love Fellowship

85 Washington St., Rensselaer 12144
2nd & 4th F 10a-3pm
Contact: Wendy and Rick Derosier;
Laurie Hathaway
518-436-0114 / fax 462-6234

The Gathering Place (New Hope for Life)

24 Albany Ave, Nassau 12123
T, TH 5-7 pm; F and Sat. 10-1
Michelle Boomhower
518-766-4164 / fax 766-4161 call first

Hoosick Area Church Association (HACA) Food Pantry

26 John St., Hoosick Falls 12090
M & F 10-12, W 6:30-8:00pm
Contact: Dianne Hosterman
518-686-5310/text:518-366-6167

Hope 7 Food Pantry

www.hopeseven.com

520 Pawling Ave, Troy 12180
M-F 9:30-11:45am, Thurs 5p-7p, last sat of the month 9:30-11:45
Contact: Sherri Capparello
518-272-1547 / fax 272-5782

Mt. Ida Community Food Pantry

548 Congress St, Troy 12180
Sat. 10-11:45 or by appt
Denise Dunham
518-272-1115

Nassau Resource Center

15 Church St, Nassau 12123
M, T, F 9-12;
Tues 7-8:30 pm Th 7:00- 8:30pm
Contact: Diana Murphy
518-766-9014/ fax same, number call first

Pittstown Area Food Pantry

97 Tomhannock Road, Valley Falls 12185
T 6:30-7:30pm, Sat 9-10am
Contact: Connie Madigan
518-663-5628

Roarke Center Food Pantry

107 4th St, Troy 12180
M & F 9:00-12 & 1-3
T,W,Th 1-3
Contact: Robin Ryan
phone 518-273-8351 / fax 270-0579

St. Joseph's Church

416 3rd St, Troy 12180
M-TH 9-12
Contact: Gary Hack
518-244-3347 / fax 272-6503

Salvation Army Troy

410 River St, Troy 12180
T, Th 10-2, W produce 10-2
Contact: Vangerl Pegues
518-272-4901

Oakwood Community Center

Oakwood Community Center
313 Tenth Street, Troy 12180

sat 9am-11am

Contact: Tatianna Morgane
518-273-5199

Unity House of Troy

2431 6th Avenue, Troy 12180

Mon-Fri 9-12 and 12:45-3:30pm

Contact: Timothy Pascucci/Mike Maloney
518-274-2607 ext 4105/ fax 271-9687

Soup Kitchen: breakfast 9-11 and lunch 11:30-1 weekdays

YWCA-Greater Capital Region

21 First St, Troy 12180

M 2-4; T,W,Th 1-4

Contact: Bonnie Benson
518-274-7100/ fax 274-2572

Community Meal Th 6pm

Associate Member:

Schaghticoke Food Pantry

165 Main Street, Schaghticoke 12154

Lynne Hardy

Pantry: 518-669-2460

Hours: M 9am-11pm Th 4-6 pm

NON MEMBERS:

Grafton Area Food Pantry

31 Owens Rd.

Grafton, NY 12052

United States

Phone: 518-421-5070

Sat: 10:00-2:00pm

Berlin Community Food Closet

17 South Main St. Berlin NY 12022.

Hours of operation:

third Tuesday 3 to 5 PM and third Saturday

9 to 11 AM

518-658-2942.

Do you want to learn more about healthy cooking, food safety and saving **money** at the grocery store? Do you like **FREE** Items?

Join our program and learn all of the above plus receive:

- **FREE** food to create a single recipe
- **FREE** cookbook
- **FREE** food safety items!!!



For more information or to sign up for our program contact:

Felisha Chandler, Nutrition Program Educator 2

518-522-3442

fc54@cornell.edu

Cornell Cooperative Extension | Rensselaer County



Made possible in part by Stewart's Shops donations.



Crisis Services

The Rensselaer Living Room

-Adult Crisis Diversion Services

Parsons

-Child and Adult Mobile Crisis

-Crisis Stabilization

-School Focused Behaviorist

The Rensselaer Living Room

Crisis Diversion Services

What is the Living Room?

The Living Room is designed to be a comfortable, home-like space for guests who are experiencing a mental health crisis to work on reducing their symptoms and maintain their safety in the community.

Staffed by a trained team of individuals including a Licensed Clinician and Peer Specialists who will provide short-term Crisis Intervention services and intensive support.

Serves as an alternative to the Emergency Room or Crisis Center.



How can I access the Living Room?

We are following covid-19 precautions; in- person visits are welcomed!

We are located at 2136 Burdett Ave, Troy New York.

Program Hours: **Monday and Friday 11:00am-7:00pm**
Tues, Wed, & Thurs 9:00am –5:00pm



The Troy Living Room program is in collaboration with the Mental Health Empowerment Project and is funded by the Alliance for Better Health.



----- Please take a number below! -----

(518) 281-1186

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MOBILE CRISIS SERVICES

For immediate crisis services
518.292.5499

Telephone support for children, families, and adults experiencing emotional and/or behavioral crisis and for professionals working with these individuals.

- Assessment of current functioning, symptoms, and sources of stress contributing to crisis.
- Assistance with connecting to ongoing services and supports.
- Determination whether a mobile response is necessary and appropriate.

In-person crisis assessment and intervention for individuals experiencing emotional and/or behavioral crisis anywhere in the community.

- Assessment includes evaluation of current functioning, factors contributing to crisis, access to supports, and risk and safety issues.
- Intervention includes developing strategies for de-escalation, using individual and family strengths and supports, identifying of coping skills and determining whether the individual can maintain safely in the community or requires a higher level of care.
- Facilitating hospitalization with report provided to emergency staff in the hospital. Please note, however, that inpatient admission is always at the discretion of the hospital.

Serving Albany (children only), Rensselaer, Saratoga, Schenectady, Warren, and Washington Counties.

For general information
518.952.9032

Fax number
518.252.6445

NORTHERN RIVERS

NORTHEAST PARENT & CHILD SOCIETY
PARSONS CHILD & FAMILY CENTER
UNLIMITED POTENTIAL



Mobile Crisis Services

The team you need, wherever you are

DAVID ROSSETTI
Chief Officer
Behavioral Health Services
518.426.2651
David.Rossetti@nrfs.org

JENNIFER ESLICK
Executive Program Director
Crisis Services
518.603.0695
Jennifer.Eslick@nrfs.org

Monday – Friday
8 a.m. – 10 p.m.

Saturday – Sunday
11 a.m. – 7 p.m.

518.292.5499

**We work with
individuals and
families regardless of
insurance, diagnosis,
or system involvement.**

*These services are provided by
Northern Rivers Family of Services
and member agencies.*

Our Mobile Crisis Services teams are comprised of licensed clinical supervisors and clinicians, family advocates, peer support specialists, and case managers. In teams of two, team members are deployed to assist adults, children, adolescents, and their families to resolve emotional and behavioral health crisis situations. We help prevent unnecessary hospitalization and emergency room visits by stabilizing the crisis in the most normalized, least restrictive setting.

Mobile Crisis Services teams function within a continuum of related services throughout the community to build an integrated crisis system that meets the needs of all adults, children, adolescents, and their families.

Our Goal

We strive to provide strength-based and family-focused crisis solutions, where individuals and family are. Our community-based, culturally sensitive, and inclusive model preserves the family system, works to prevent unnecessary hospitalization, and gives hope to clients and families.

Our Approach

In the least intrusive manner, we:

- Maximize the strengths of the child and family system
- Collaborate with community agencies
- Provide timely and appropriate crisis response
- Work to prevent higher, more restrictive levels of care using natural resources and community-based supports

Services

- Consultation and information
- Clinical assessment
- Crisis intervention and stabilization
- Referrals and linkages to ongoing organizational and community resources
- Follow-up case management
- Family or peer advocacy and support

How to Get Help in a Crisis

Parents, guardians, or other adults should call 518.292.5499 for immediate live crisis support. When our teams are unavailable, you will be prompted to reach out to the nearest emergency responders, including 911, local hospital emergency rooms, or local mental health agencies in your county for support.

What to Expect

Our clinician makes a telephone assessment and discusses interventions including:

- Telephone support
- Face-to-face intervention to further assess risk and de-escalate the situation
- Connection to appropriate community resources

In situations involving imminent risk, our clinicians will refer callers to appropriate emergency responders.

Service Area

The teams respond to adult, child, and adolescent crises in:

- Albany County (child and adolescent services only)
- Rensselaer County
- Saratoga County
- Schenectady County
- Warren County
- Washington County

Please note: Northern Rivers' Mobile Crisis Services team in Albany County handles children and adolescent crises only. For an adult in crisis in Albany County, please contact the Albany County Mental Health Center Mobile Crisis Team at 518.549.6500.

What Our Clients Say About Us

"I will always be thankful for the people who made me feel there was help for my family."

"It is a comfort to know someone will answer my call when needed."

"I was grateful for all the team did for us. They made me feel like there was hope for my family."

"I was genuinely impressed with the rapid response of the Mobile Crisis team, and found them extremely helpful."

"The team could not have been more supportive and effective. Their follow up was exceptional."





Short-Term Crisis Stabilization

Help when you need it and a direction for tomorrow

DAVID ROSSETTI
Chief Officer
Behavioral Health Services
518.426.2651
David.Rossetti@nrfs.org

JENNIFER ESLICK
Executive Program Director
Crisis Services
518.603.0695
Jennifer.Eslick@nrfs.org

For more information on
our short-term overnight
crisis services or to make
a referral, please call
518.292.5499.

Northern Rivers Family of Services offers short-term overnight therapeutic programs for youth ages 5–17 experiencing a period of acute stress, mental health issues, or a psychiatric crisis that requires a 24/7 staff-secured nonhospital setting. These family-centered programs are designed to equip families and youth with a plan for success at home, in school, and in the community.

The Northern Rivers Difference

Our short-term programs are staffed by knowledgeable, caring professionals who specialize in trauma-informed care and are invested in the success of everyone in our care. From the moment treatment begins, we work with each youth, adult, and support system to identify challenges, develop resources and community supports, and build on strengths. We do more than help avert a crisis: We help children, families, and adults build and follow a long-term, client-driven plan for success. We offer a continuum of care providing just the right amount of intervention required.

Healy House

Support for families that includes programming for children ages 5–12. We provide customized supervision, clinical support, nursing care, and tutoring, focusing on helping children stabilize through a consistent, nurturing structure combined with behavior modification. Our primary goal is to stabilize a crisis situation to prevent the unnecessary use of a hospital emergency room or hospital admission.

Services

- Crisis stabilization
- Behavior support
- Case management
- Counseling
- Daily living skills training
- Education support services
- Health services
- Medication management, training, and monitoring
- Overnight room and board accommodations
- Socialization

Benefits

- Immediate stabilization of a situational crisis in a nonhospital setting
- Improved daily functioning at home, in school, and in the community
- For children living with their families, a plan to manage a child's behaviors and emotional needs
- For children in foster care custody, a comprehensive document to offer guidance to services providers
- Assessment for social determinants of health and linkages to needed supports and services

*These services are provided by
Northern Rivers Family of Services
and member agencies.*

Access

To be admitted to the program, a child needs to meet the following criteria:

- Be between the ages of 5 and 12 at admission
- Demonstrate functional challenges consistent with a DSM-V diagnosis, which can be expected to be resolved with short-term overnight therapeutic intervention
- Experiencing emotional or behavioral problems or experiencing a situational family crisis that cannot be safely managed in the home
- Requires a highly structured, 24/7 therapeutic environment to prevent hospitalization

To make a referral to Healy House, call 518.292.5499.

North Star

This new short-term overnight crisis stabilization program is for youth ages 12–17, which provides support for families and youth. Our primary goal is to stabilize a crisis situation to prevent the unnecessary use of a hospital emergency room or a hospital admission. As a youth's crisis stabilizes, the program develops a plan of care to address underlying difficulties that led to the crisis, including making referrals for needed treatment supports and services for both the youth and the family.

As a part of New York state's Delivery System Reform agenda, North Star was developed to add a community-based crisis stabilization service. Our regional partners (Adirondack Health Institute, Alliance for Better Health, and Better Health for Northeast New York) are funding the first year of operation so that we can begin providing these services while the state completes the approval process for payment. This means that the service is generally available to those youths who are either Medicaid eligible or enrolled. Once in operation, the program will work with private insurance payers to establish access and payment for these services.

Services

- Behavior support and crisis stabilization
- Case management and care coordination
- Comprehensive intake assessment
- Daily living skills training
- Education support services
- Health services
- Individual, group, and family counseling
- Medication management, training, and monitoring
- One to one monitoring for recipients assessed with high risk behavior
- Overnight room and board accommodations
- Socialization

Benefits

- Immediate stabilization of a situational crisis in a nonhospital setting
- Dedicated 5-bed suite in a new state-of-the-art building designed specifically to meet the needs of youth and families dealing with behavioral health challenges
- Comprehensive services, supports, and care management
- Assessment for social determinants of health and linking families to needed supports and services
- A quick, safe return home with a plan and supports for long-term success
- A step down from hospital level of care for a youth who is in stable condition but needs time to access needed home and community-based services

Access

- To be admitted to the program, a child needs to meet the following criteria:
- Be between the ages of 12 and 17 at admission
- Demonstrate functional or mental health challenges consistent with a DSM-V diagnosis, which can be expected to be resolved with short-term overnight therapeutic intervention
- Experiencing emotional or behavioral problems or experiencing a situational family crisis that cannot be safely managed in the home
- Requires a highly structured, 24/7 therapeutic environment to prevent hospitalization

To make a referral to North Star, call 518.292.5499.



SHORT-TERM CRISIS STABILIZATION INTAKE AND ASSESSMENT REFERRAL FORM (NORTH STAR AND HEALY HOUSE)

For use by Northern Rivers Family of Services and member agencies

Please complete this intake assessment form to describe your recent mental health evaluation of the youth being referred, which is the basis on which the youth's admission is determined. The face-to-face contact with the youth must have occurred within 48 hours of referral/admission. **Please call 518.292.5499 to initiate the referral through our crisis line and then you'll be asked to fax this form in completion to 518.252.6445.**

A Identifying Information

Youth's name

Date of birth

Parent's or guardian's name

Date of evaluation

Address

Phone number

Race

Ethnicity

Sexual orientation

Gender identity

Medicaid or insurance ID number (include sequence number)

Youth's social security number (required)

B Description of Crisis Situation/Rationale for Admission

Provide specific detail about behaviors youth is exhibiting and insight into contributing factors. Include statement on purpose of an admission.

C Brief Psychosocial Description

Developmental; family; prior mental health treatment; neglect, physical or sexual abuse; substance abuse; physical health; schooling; religion; leisure time:

D Current Mental Status Exam

Describe appearance, attitude, and behavior:

Describe thought processes and content:

Describe perceptual disorder:

Describe mood and affect:

Describe any suicidal or homicidal ideation and behavior:

Describe cognitive functioning (orientation, memory, insight, and judgement):

E Psychiatric DSM-V Diagnosis

All mental and medical diagnoses (list all codes):

F Past and Present Risks

Suicidal or homicidal ideation or self-injurious behaviors:

Aggressive behavior or need for physical restraints/PRN medication (if yes, frequency and last need):

History of inpatient hospitalization and reason for admission (within last 6 months):

History of other high-risk behaviors (fire-setting behaviors, sexualized behaviors, running away, substance abuse):

G Current Medication

Attach signed medication order that includes the following, which is required for admission:

MEDICATION	DOSAGE/TIMES	PRESCRIBING PHYSICIAN	PHYSICIAN'S PHONE NUMBER

H Additional Information

Can youth independently complete hygiene routines? (If no, please explain assistance needed.) Is youth able to understand and follow policy and procedures?

I Description of Youth's Needs and Strengths/Goals for the Youth and Family

Assessment of youth's strengths and needs; goals for youth and family to be addressed::

J Discharge Plan

What skills need to be obtained in order to discharge, service needs, and where youth will reside after discharge:

Licensed Behavioral Health Provider signature

Date

LBPH name printed

Phone Number

LBHP email address



School-Focused Behaviorist

Mobile Crisis Services

DAVID ROSSETTI
Chief Officer
Behavioral Health Services
518.426.2651
David.Rossetti@nrfs.org

JENNIFER ESLICK
Executive Program Director
Crisis Services
518.603.0695
Jennifer.Eslick@nrfs.org

SHANNON BOREALI
School-Focused Behaviorist
518.952.9032, ext. 1102
Shannon.Boreali@nrfs.org

Northern Rivers' Mobile Crisis Services team offers telephone support for children, families, and adults experiencing emotional and/or behavioral crisis and for professionals working with these individuals. Serving Albany (children only), Rensselaer, Saratoga, Schenectady, Warren, and Washington counties, teams are available to respond Monday through Friday, 8:00 a.m. to 10:00 p.m., and Saturday and Sunday, 11:00 a.m. to 7:00 p.m. For general information, contact 518.952.9032.

These services are provided by Northern Rivers Family of Services and member agencies.

As a member of the Mobile Crisis Services team, Northern Rivers' school-focused behaviorist works with schools and other educational settings by providing support to students with autism spectrum disorders and developmental disabilities. To be eligible, a student must be eligible and receiving services from the New York State Office for People with Developmental Disabilities (OPWDD). This service is a short-term service that last approximately 15 hours in total. Our behaviorist is available Monday through Friday, from 8:00 a.m. to 4:30 p.m. and provides services in Albany, Rensselaer, Saratoga, Schenectady, Warren, and Washington counties for students ages 4–21 who are experiencing repetitive behavioral and/or emotional episodes in the school setting.

Services Provided

Consultation and information: Telephone consultation and information is available to parents and school personnel working with children and adolescents who may be experiencing behavioral and/or emotional challenges in the school setting. The focus of the consultation can include clarifying the nature of the challenging behavior, identifying options for responding, providing recommendations for intervention, identifying community resources, making a referral to a service agency, and/or developing a prevention plan.

Assessment and intervention: The school-focused behaviorist can conduct formal and informal assessments as needed and develop intervention plans, as well as add strategies and supports to an existing plan. Our behaviorist can also provide recommendations based on classroom observations and input from the student's educational team

Collaboration and postintervention: The school-focused behaviorist works collaboratively with students, school personnel, families, and service providers to identify behaviors that impede academic achievement and to develop strategies and positive supports that promote success in the school setting. Our behaviorist is available to participate in planning meetings as well as provide information and follow up support as needed.

Contact Information

Parents, providers, or school professionals are all able to access these voluntary services. Our school-focused behaviorist will work with parents and school officials to obtain information and permission prior to observing a student. For more information or to schedule an appointment, contact:

Shannon Boreali
School-Focused Behaviorist
518.952.9032, ext. 1102

For emergency situations,
please contact the Mobile Crisis Services team immediately
518.292.5499

Youth Shelters

WHERE WE ARE

YOUTH SHELTER

Open 24/7/365

518-584-6042

1-800-924-4636

**We're here
to help.**

**Even if you just want to
ask questions, don't be
afraid to call or text.**

**National Runaway
Switchboard
1-800-RUN-AWAY
(1-800-786-2929)**



Youth Shelter
518.584.6042

CAPTAIN Community Human Services

Clifton Park Office

5 Municipal Plaza, Suite 3, Clifton Park, NY 12065
518.371.1185 (p) | 518.383.7997 (f)

Glenville Office

543 Saratoga Road, Glenville, NY 12302
518.399.4624 (p) | 518.399.8663 (f)

Cheryl's Lodge

25 Fern Lane, Clifton Park, NY 12065
518.373.8873 (p)

CAPTAIN's Treasures

1705 Route 9, Clifton Park, NY 12065
518.383.1788 (p)

Helpful Numbers

Care Links 518.399.3262
Street Outreach 518.469.7897

**For the most up-to-date information
about our programs and services,
upcoming events, and more,
please visit our website:**

www.captaincares.org



CAPTAIN

Community Human Services

Lifting people up. Building brighter futures.

Runaway & Homeless Youth Shelter

www.captaincares.org

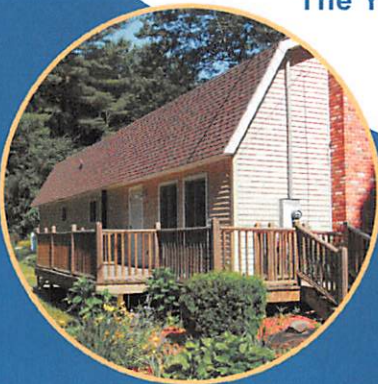
ABOUT THE SHELTER

The CAPTAIN CHS Runaway & Homeless Youth Shelter is a temporary shelter certified by the NYS Office of Children and Family Services. Youth ages 13-17 who are homeless, runaway, or in an otherwise unsafe situation can utilize our program and services for up to 30 days, and know that they will be safe and find refuge in a home-like environment.

The Youth Shelter involves the youth in daily activities while they receive support and encouragement from trained adults they can trust. Residents receive case management services from administrative and direct-care staff. During their stay, all efforts are made to connect the youth with a safe and stable home, by reuniting them with their families or another permanent living situation.

The Youth Shelter operates around the clock, every day of the year, accepting youth 24-hours a day from various locations and referral sources.

The Youth Shelter's location is confidential.



Common Questions About the CAPTAIN CHS Runaway & Homeless Youth Shelter

Q: If I stay at the CAPTAIN CHS Youth Shelter, where would I go to school?

A: All residents can attend their regular school or the shelter's local school district.

Q: Who would be notified about me staying at the CAPTAIN CHS Youth Shelter?

A: We notify your parents that you are safe and staying with us, and your school if appropriate.

Q: What if I do not go to school? Could I still come to the CAPTAIN CHS Youth Shelter?

A: All residents are encouraged to attend school. If you are not enrolled, we can help you enroll, find a job, or study for your high school equivalency exam.

Q: What if I come to the CAPTAIN CHS Youth Shelter and I don't like it?

A: The CAPTAIN Youth Shelter is a voluntary program. Residents may choose to leave whenever they wish, as long as an appropriate plan is in place.

Q: How long can I stay at the CAPTAIN CHS Youth Shelter?

A: Each resident's stay depends upon his or her needs, and usually does not exceed 30 days.

PROGRAMS

The Runaway Awareness and Prevention Program (R.A.P.P.)

R.A.P.P. is a community-based program designed to offer relief to families and youth who are facing housing instability, are at risk of running away, or entering into an unavoidable state of crisis. This is a prevention service and a runaway intervention program.

Parsons Respite Medicaid Program

We offer Respite Services through Parsons Child and Family Center. It allows families access to services not previously paid for by Medicaid and has special rules that allow children to receive Medicaid without looking at parental income or resources. Youth ages 13-17 with emotional disturbances and complex health and mental health needs are most often eligible for this program.

After-care Program

Our after-care program is a voluntary service available for exiting residents to aid in the transition back home. The goal is for the youth to continue with their goals, help rebuild family relationships, and prevent homelessness reoccurrence.





Referral for Shelter

Referral is between the ages of 16-20. Client is able to stay for 30 days.

Stay is voluntary and no medication management is provided.

NAME: _____ M / F

TODAY'S DATE: _____

LAST ADDRESS: _____

DOB: _____ AGE: _____

(WITH ZIP CODE) _____

RACE: _____

PHONE: _____

ETHNICITY: Hispanic or Non-Hispanic
(please circle one)

WHO IS/WAS YOUTH LAST RESIDING WITH:

NAME: _____

RELATIONSHIP: _____

ADDRESS: _____

PHONE: _____

WHO IS MAKING THE REFERRAL:

Name: _____

Agency: _____

Phone # of Agency: _____

Email: _____

REASON FOR HOMELESSNESS: _____

Is this youth currently involved with: ☐ DSS/CPS ☐ Probation ☐ Safe Harbour

Name of worker & contact number: _____

BACKGROUND HISTORY:

DOES THE CLIENT HAVE A MENTAL HEALTH DIAGNOSES?

☐ Yes

☐ No

If yes, please list diagnoses: _____

IS CLIENT ON ANY MEDICATION?

☐ Yes

☐ No

If yes, please list medications: _____

DOES CLIENT HAVE A CRIMINAL HISTORY?

☐ Yes

☐ No

If yes, please list charges and explain: _____

IS CLIENT A SEX OFFENDER?

☐ Yes

☐ No

DOES CLIENT HAVE ANY SUBSTANCE ABUSE HISTORY?

☐ Yes

☐ No

If yes, please list drug(s) of choice and explain: _____

Discharge plan for 16- & 17-year-old: _____

Please fax to 518.357.8127 Attn: Shelter Manager or email to decarmine.athena@safeincoschenectady.org

Runaway and Homeless Shelter

Bishop Howard J. Hubbard Hall is an emergency shelter open 24/7/365 to any youth, male or female, ages becoming homeless, or in an otherwise unsafe situation.

The program provides resources and referrals to:

- Medical Care/Services
- Education and Employment Placement
- Substance Abuse and Mental Health Counseling

Shelter staff provides the following services:

- Case Management/Aftercare Services
- Daily Living Skills/Independent Living Skills
- Advocacy
- Self-Care and Sexual Health
- Medication Monitoring
- Recreation

Shelter Intake and Information: 518-437-6547

Visit us on Facebook!

Main Office:

[HOME](#)

160 North Main Avenue
Albany, New York 12206

[HOW TO
HELP](#)

 Telephone: 518.437.6500

 Fax: 518.437.6555

[ABOUT SAI](#)

[CAREER
OPPORTUNITIES](#)

Troy Satellite Office:

[SERVICES](#)

[PROGRAMS](#)

1801 6th Ave., 2nd Floor
Troy, NY 12180

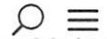
[CONTACT](#)

 Telephone: 518.437.6615


 Fax: 518.272.9169

Hudson Falls Sa Office:

[EVENTS](#)



421 Lower Main Street
Hudson Falls, NY 12839

 Telephone: 518.747.0756

 Fax: 518.747.0734

Adaptive Sports



SHARE Center

Programs: Spring/Summer 2021



Alter G Treadmill

Anti-Gravity Treadmill™ technology empowers people to move in new ways and without pain – to recover mobility, improve wellness, and enhance physical performance. Defy the effects of gravity, enhance freedom of movement, and redefine what's possible in rehab and training. Contact the STRIDE Office to book your session today.



Inclusive Group Exercise Classes

We provide inclusive group exercise classes for all abilities. Currently hosting a variety of programs: fitness circuit training, restorative yoga, and Zumba. STRIDE partners with MVP Healthcare to provide health and wellness presentations. Contact mevans@stride.org for a schedule to register. Suggested donation for guests: \$15 per class



Wellness Wednesdays

With as little equipment as possible, youth learn how to have fun with fitness. Play along with peers and have fun exercising in a unique adaptive facility. Bring the fun and games home to family to continue wellness goals with everyone!

*****Seeking Fitness trainers***

More about our SHARE Center: The Center features an adaptive fitness multi-purpose gym and state of the art fitness equipment including the Alter-G Anti gravity treadmill for people with compromised mobility.

The SHARE Center is available as a physical space to collaborate with like-minded community organizations serving the region. The SHARE Center features a Warrior/ Family Lounge , formal Board room, and multi-media Conference Room with 40-person seating capacity .

**Location: 4482 NY Highway 150
West Sand Lake, NY, 12208
518-598-1279**

Problematic Sexual Behavior

Risk assessment- St. Anne Institute

Info Card- START

ST. ANNE INSTITUTE - COMMUNITY BASED SERVICES
FEE FOR SERVICE REFERRAL INFORMATION- Agency

St. Anne Institute Contact Person:
Jennifer Julian - Program Coordinator
Phone: (518) 437-6615 Fax: (518) 437-6588
160 North Main Avenue, Albany, NY 12206

Referral Date: / /
Person/Agency Making Referral:
Phone # of Person Making Referral:

FEES: \$80.00/hr for individual sessions * \$45.00/hr for group sessions * \$80.00/hr for Assessments (social worker) * \$150.00/hr for Psychologists * write up billed at ¼ hr per page

Client Name: _____ **DOB** _____ **Race** _____ **Gender** _____

/ /

Address _____

Phone _____

County _____

INFORMATION ON CHILDREN ONLY: IS CHILD(REN) CSE IDENTIFIED? Yes No

If yes, a copy of the child's IEP should be included with the referral.

School Name: _____

Family Member Information:

Name: _____ **Relationship:** _____ **DOB:** _____
Address: _____ **Phone:** _____

Name: _____ **Relationship:** _____ **DOB:** _____
Address: _____ **Phone:** _____

Name: _____ **Relationship:** _____ **DOB:** _____
Address: _____ **Phone:** _____

Name: _____ **Relationship:** _____ **DOB:** _____
Address: _____ **Phone:** _____

Name: _____ **Relationship:** _____ **DOB:** _____
Address: _____ **Phone:** _____

Employment Information:

Hours of Availability:

Tell us what the problem is specifically, what lead you to seek services at St Anne Institute, what you need from St. Anne Institute and what you expect to get out of counseling (If this is an evaluation only, please specify the questions you need to have addressed by the evaluation):

*******IMPORTANT*******

PLEASE PROVIDE COPIES OF STATEMENTS, COURT ORDERS, PROBATION/PAROLE CONDITIONS, OTHER EVALUATIONS, AND ANY OTHER RELEVANT DOCUMENTATION.

FAILURE TO SUBMIT THESE DOCUMENTS WILL RESULT IN A DELAY IN OBTAINING AN APPOINTMENT.

How do you feel about coming to St. Anne's for treatment?

Is there any legal involvement of you or your family? If so, explain:

Is the Department of Social Services involved with this matter? If so, explain:

Please list any other individuals or agencies involved in this matter:

Agency: _____

Agency: _____

Person to Contact: _____

Person to Contact: _____

Phone: _____

Phone: _____

ST. ANNE INSTITUTE - COMMUNITY BASED SERVICES**FEE-FOR-SERVICE AGREEMENT**

It is the understanding of St. Anne Institute that _____ has
(agency name)
agreed to pay for counseling services for _____.
(client name)

The fee for assessment services is \$150.00 per hour (psychologist) and \$80.00 per hour (LMHC, MSW therapist). Written documentation of the assessment is charged at ½ hour per page. The fee for services is \$80.00 per hour for individual/family sessions and \$45.00 per hour for group sessions. Travel time (home visits, Collateral meetings, Court, etc) is billed at the individual session rate.

Payment is expected following receipt of the bill (which St. Anne Institute will submit to your agency on a monthly basis). To facilitate this process, please complete the billing information below.

Bills should be submitted monthly to:

Agency Name: _____

Contact Person: _____ Phone # _____

Billing Address: _____

Agency Representative

Date

Witness

St. Anne Institute

LOVING CARING PROTECTING
160 North Main Ave | Albany, NY 12204

Richard Hicke
CEO/President

Name of Parent/Guardian: _____

Client/Recipient Name: _____

I hereby authorize the use and/or disclosure of my protected health information as described below. I understand that this authorization is voluntary. I understand that if the organization authorized to receive the information is not a health plan, health care provider or health care clearinghouse, the released information may no longer be protected by federal privacy regulations, except that a recipient may be prohibited from re-disclosing substance abuse information under the federal substance abuse confidentiality requirements. State law governs the release of HIV/AIDS information and you may request a list of persons authorized to re-release HIV/AIDS related information. Release of information relating to minors may also be protected by additional state and/or federal regulations.

■ **Persons/Organizations providing the information:**

Therapist/worker at St. Anne Institute,

■ **Persons/Organizations receiving the information:**

Therapist/worker at St. Anne Institute,

■ **Description of the information to be released (a request for the entire record must be accompanied by an explanation of why the entire record is needed):**

Mental Health assessments, Psychiatric evaluations, Psycho-Social assessments, educational records, legal records, discharge paperwork, all pertinent history, service involvement and related information about myself/my family.

■ **Purpose for release:**

to assist in assessment, service planning and service provision for myself/family

The following items must be initialed to be included in the use and/or disclosure of other protected health information:

_____ HIV/AIDS related information and/or records.

_____ Genetic testing information and/or records.

_____ Drug/alcohol diagnosis, treatment or referral information. (Federal regulations require a description of how much and what kind of information is to be disclosed.)

Describe:

I may revoke this release at any time in writing.

This authorization shall be in force and effect for one year.

Signature of Individual or Legal Representative

Date

Address (Street, City, State, Zip Code)

Print name of legal representative (if applicable):

Witness

Date

A copy of this signed form will be provided to the individual or legal guardian.

HIV/AIDS specific information:

For questions/complaints regarding HIV/AIDS discrimination, call the New York State Division of Human Rights at (518) 474-2705 or the New York City Commission on Human Rights at (212) 306-7450.

Federally protected substance abuse information:

I understand that my records are protected under the federal regulations governing Confidentiality of Alcohol and Drug Abuse Patient Records, 42 CFR Part 2, and cannot be disclosed or re-disclosed without my written consent unless otherwise provided for in the regulations. I also understand that I may revoke this authorization in writing at any time except to the extent that action has been taken in reliance on it.

New York State Mental Hygiene information:

I understand that my records are protected under the New York State Mental Hygiene Law section 33.13 and cannot be disclosed without my consent unless otherwise provided for in the regulations. I also understand that I may revoke this authorization in writing at any time except to the extent that action has been taken in reliance on it.

FOR AGENCY USE ONLY

Name of person providing confidential information (please print) _____

Signature _____ Date _____

Updated 5/23/13



Richard Elicke
CEO/President

COMMUNITY-BASED SERVICES

TREATMENT GUIDELINES

Thank you for choosing our agency to receive counseling services for you and your family. We would like to take this opportunity to review the following guidelines in order to familiarize you with our agency and our policies and procedures.

CONFIDENTIALITY

All information between St. Anne Institute and client is held strictly confidential unless:

1. The client authorizes release of information with his/her signature.
2. The client presents a danger to him/herself.
3. The client presents a danger to others.
4. Child or elder abuse/neglect is disclosed or suspected.

In the latter two cases, we are required by law to inform the legal authorities so that protective measures can be taken.

In addition, the Community-Based Services program utilizes a collaborative, team approach. As such, your input is extremely important during the assessment and treatment process. In addition, your worker may share information with other clinicians within the department for purposes of treatment planning and case coordination.

St. Anne Institute also has purchase of service agreements with several local Departments of Social Services agencies, Rensselaer County Unified Services, and the New York State Office of Children and Family Services. For clients referred by these agencies (and whose services are being funded by these agencies), information may be shared with appropriate representatives of those agencies, for the purposes of treatment planning and case coordination.

FINANCIAL TERMS (for clients who are paying for services directly)

If you are paying for the service, payment is expected at the time of the service. St. Anne Institute will not provide services without payment.

CANCELED/MISSED APPOINTMENTS

A scheduled appointment means that time is reserved for you. We request that you give 24 hours notice to cancel a scheduled appointment. When calling to cancel an appointment, we ask that you make every effort to reschedule the appointment at that time (leave alternative times you can meet, etc.). Withstanding emergencies, you may be charged for missing scheduled appointments if you do not cancel in advance of the appointment.

160 NORTH MAIN AVENUE, ALBANY, NEW YORK 12206 (518) 437-6500 Fax (518) 437-6555

Accredited by the Council on Accreditation (COA)

CLIENT GRIEVANCE PROCEDURE

1. If a client becomes dissatisfied with a St. Anne service, he/she has the right to express their concerns. All concerns will be resolved rapidly, fairly and in a confidential manner. A service will never be withdrawn or withheld based on a client's expression of a concern.
2. If a concern cannot be resolved after meeting with the therapist and case manager a written grievance may be completed and submitted to the supervisor or program administrator.
3. If a client expresses a concern in writing, this is considered a formal grievance. Client grievances and their resolutions must be forwarded to the Associate Executive Director of Continuous Quality Improvement for corrective action planning and periodic trend analysis.
4. The supervisor or the program administrator will meet with you to discuss your concerns and is required to give you a written response within ten (10) days of receipt of the completed Client Grievance/Complaint Form. The supervisor or program administrator will make a copy of your Client Grievance/Complaint Form.

CONSENT FOR TREATMENT

I authorize the St. Anne Institute Community-Based Services program to carry out treatments and/or diagnostic procedures which now or during the course of my care as a client are advisable. I understand that the purpose of these treatments will be explained to me upon my request and subject to my agreement. I also understand that while the therapy is designed to be helpful, it may at times be difficult and uncomfortable.

I understand and agree to all of the above information and have received a copy.

Client (or Parent/Guardian) signature

Witness

Client (or Parent/Guardian) name printed

Date

Date

State and Federal (HIPAA) law restrict the use and disclosure of protected health information. By signing this consent form, you authorize St. Anne Institute to use and disclose the above named client's protected health information for the purpose of his/her treatment. I understand information used and disclosed is confidential and is not to be disclosed by any agency without my written consent. A photocopy of this authorization shall be considered as effective and valid as the original.

ST. ANNE INSTITUTE
COMMUNITY-BASED SERVICES

VISITOR INFORMATION
1801 SIXTH AVENUE
2nd floor
TROY, NY

In addition to the issues identified on the Informed Consent form, there are several points of information that might be helpful to know.

SMOKING POLICY

The Troy satellite is located in a smoke-free building. Smoking is not allowed in the building or on the premises at any time. If you are a smoker, we ask that you adhere to this policy. If you have a concern that the policy is being violated by others, please feel free to inform your St. Anne Institute worker.

PARKING

We ask that you park on the street. The parking lot for 1801 6th Avenue is reserved for the occupants of the building and requires a parking sticker. The lot is frequently patrolled.

WAITING AREA

There are two waiting rooms. We ask that if you are an adult seeking adult services, you sit in the waiting room to your left, marked Adult Waiting Room. If you are a parent/guardian, we ask that you and your child/youth sit in the waiting room to your right, marked Family Waiting Room. Children and youth (up to age 18) are expected to be accompanied by their parent/guardian and under their control at all times. As it is unlikely that you will be seen early for an appointment, we ask that you arrive on time. Please let staff know that you have arrived by ringing the bell to the left of the office doors. Someone will come to greet you and will let your worker know that you have arrived. If you haven't been seen by your worker within 10 minutes past your scheduled appointment, please ring the bell again.

I understand agree to all of the above information and have received a copy.

Client (or Parent/Guardian) signature:

Date:

Printed name:



LOVING • CARING • PROTECTING
143 North Main Ave. | Albany, NY 12205

**ST. ANNE INSTITUTE
COMMUNITY-BASED SERVICES
VISITOR INFORMATION**

In addition to the issues identified on the Informed Consent form, there are several points of information that might be helpful to know.

SMOKING POLICY

St. Anne Institute is a smoke-free building. As such, smoking is not allowed in the building or on the premises at any time. If you are smoker, we ask that you adhere to this policy. If you have a concern that the policy is being violated, feel free to inform your worker.

PARKING

Unfortunately, adequate parking in the main lot can be an issue. In addition to the *VISITOR* parking spots, you are invited to park in any legitimate spot that is not designated for agency vehicles. If you are experiencing difficulties finding parking, please feel free to inform your worker. Note that the parking lot can become slippery during inclement weather. If you become concerned about the condition of the parking lot being unsafe, please notify your worker.

SWITCHBOARD/WAITING AREA

Upon entering the building, please be prepared to provide the Receptionist with the following information: your name, the name of your worker and the time of your appointment. For security purposes, you will be asked to sign in and receive a visitor pass. Please keep the visitor pass with you at all times that you are in the building. When you leave, you will be asked to sign out and return the pass.

While waiting to see your worker, you will be expected to stay in the waiting area. Children (up to age 18) must be accompanied by an adult in the SAI waiting area. That adult is responsible for the child's behavior while on SAI grounds (both within the agency building and the agency parking lot). Visitors are not permitted to move about the building without an agency staff person accompanying them.

As it is highly unlikely that you will be seen early for an appointment, we ask that you arrive on time. If you haven't been seen by your worker within 10 minutes past your scheduled appointment, please ask the receptionist for assistance.

I understand and agree to all of the above information and have received a copy.

Client (or Parent/Guardian) signature

Witness

Client (or Parent/Guardian) name printed

Date



**St. Anne Institute
Community-Based Services
Client Bill of Rights**

1. Services shall be accessible to all persons in need without regard to race, color, creed, religion, national origin, sex, disability, age, genetic predisposition or carrier status, veteran or marital status, sexual orientation or any other protected classification pursuant to applicable federal, state or local law, rule or ordinance.
2. There shall be a stable, safe, secure and nurturing environment for the children and families in our care.
3. There shall be early identification of treatment needs and provision for problem areas and a periodically revised service plan and individualized treatment plan for all clients in each service program.
4. There shall be provision of psychiatric, psychological, therapeutic, special and remedial educational services and therapeutic recreation in accordance with individual treatment plans.
5. All person's religious faith shall be protected and preserved with provision for their religious observance, instruction and training.
6. Diligent efforts shall be exercised to secure appropriate plans of permanency for all children.
7. Physical and verbal abuse and harsh and degrading punishment are prohibited. All children shall be free from unwarranted restraint and seclusion.
8. Established written procedure shall be followed if abuse is suspected or indicated.
9. Any client with a language or literacy problem shall receive assistance from appropriate staff so that he/she fully understands the agency rules and regulations and expectations.
10. Visits between parents and child shall be encouraged and the child and parents informed of the visitation policies and provisions at the time of admission.
11. Any research programs involving children must have rigorous safeguards to insure protection of their rights.
12. No business of any kind shall be conducted on agency premises that intrudes upon, deters or interferes with programs or services.
13. All clients shall have the right to express grievances, concerns and suggestions without fear of retribution.

I understand and agree to all of the above information and have received a copy.

Client (or Parent/Guardian) signature

Witness

Client (or Parent/Guardian) name printed

Date

Reminders for Professionals

1. Children with problematic sexual behavior (PSB) are **children** first and foremost
2. Acknowledge that the child has engaged in a serious behavior problem
3. Give the message that **THERE IS HOPE** and that the situation can get better
4. Call CPS or Law Enforcement (LE), when applicable (see other side for info)
5. Coordinate victim interview at local Child Advocacy Center (CAC) with all necessary parties present
6. Coordinate with CAC staff to determine where and when a police and/or forensic interview will occur
7. Refer child with sexual behavior to the PSB Program at START Children's Center even if the sexual behavior did not warrant LE or CPS involvement
8. Designate who is in charge of the safety plan for the family/community
9. Refer the victim for a trauma assessment
10. There is treatment that works
11. Call START Children's Center for questions/consultation 24hrs a day

START Children's Center: 518-271-6001

Ask yourself these questions...

- How often is the sexual behavior occurring?
- Is there a big difference in age, size or intelligence between the children?
- Did the behavior start with or result in strong feelings such as anger or anxiety?
- Did it cause harm or potential harm (physical or emotional) to any child?
- Did the behavior continue despite all attempts to change/stop it?
- Did the behavior involve coercion, force, or aggression of any kind?

If yes, remember to:

- **Stay calm** and matter-of-fact when speaking to the child
- State what you see
- Give the rules about the behavior
- Offer to answer questions



For support: call START Children's Center @ **518-271-6001**

For immediate help call your **local police agency** or **Child Protective Services**

Mandated Reporter hotline @ **1-800-635-1522** or Public hotline **1-800-342-3720**

Information for parents, children, and professionals can be found at www.NCSBY.org

ConSerns U

- Wojeski Fund**
- School supplies,
holiday baskets,
Christmas Shop**

CoNSERNS-U “WOJESKI FUND”
A program of Catholic Charities Tri-County Services

Authorization for Release of Information

Child's Name: _____ DOB _____ Gender _____ Ethnicity _____

Parent/Guardian's Name: _____ Phone Number _____

Address: _____

City: _____ NY, Zip: _____

*I hereby authorize the use or disclosure of my individual, identifiable information as described above. I understand that this authorization is voluntary.

* _____

*Parent or Guardian Signature

* _____

*Date

Referred by Name/Title/Agency/School: _____

Phone _____ *E-mail* _____

Signature _____ *Date* _____

Purpose of request: _____

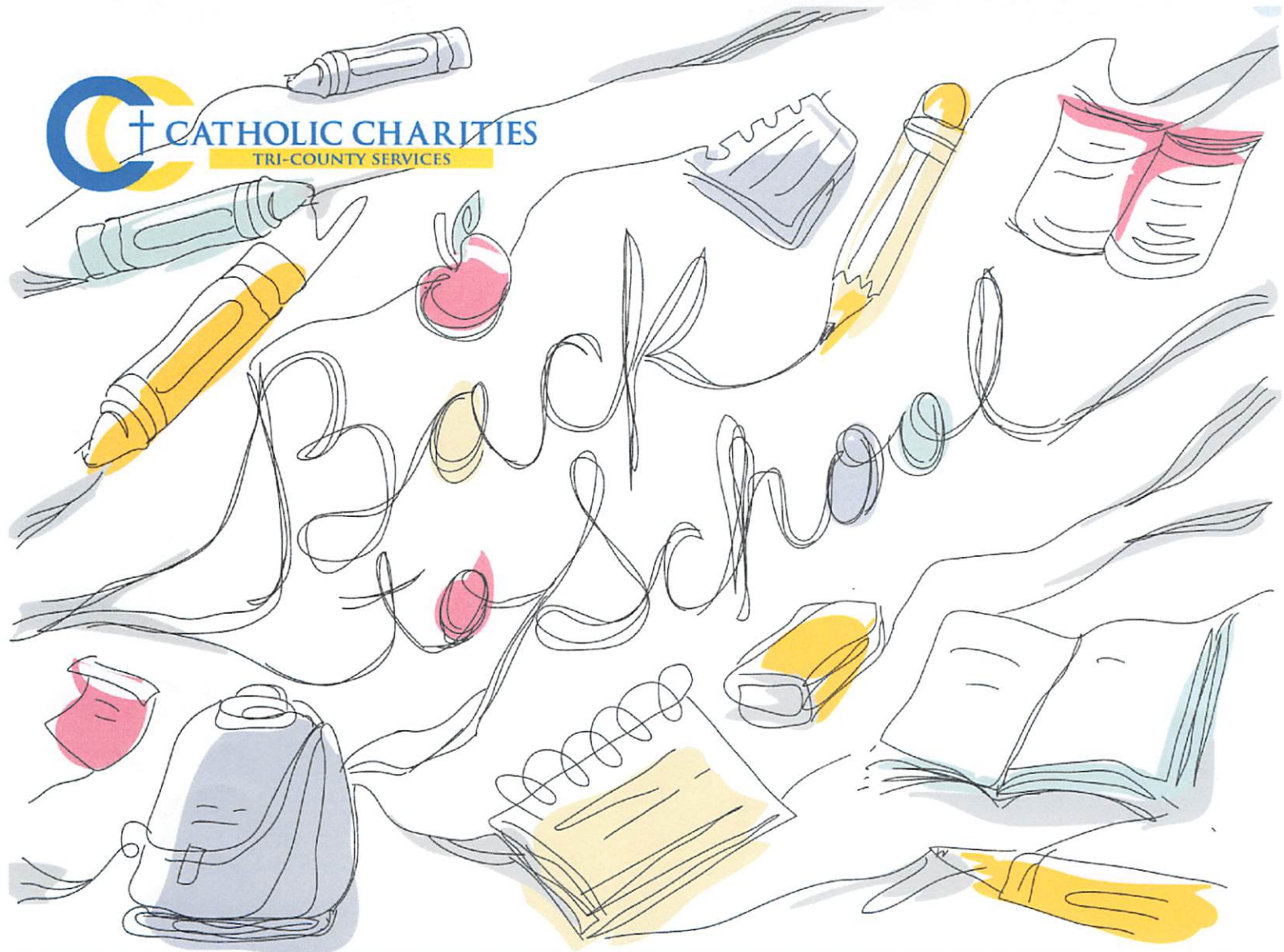
Provide a brief description of child's need for assistance from the Wojeski Fund. (Include a description of the family's inability to meet this need and the desired outcome from providing assistance.)

Other community resources used to meet this need:

Amount of request: \$ _____

Vendor _____

Address: _____



- Serving Rensselaer county except Troy

- While supplies last

- Sign ups begin July 19th

- Call (518) 463-8571 ext 123 to leave a message

**St. Peter's
Crime Victim
Services**

- In-school support**
- Victim Compensation**
- School programming**
- Groups**

In-School Support Services for Students 12+

St. Peter's Crime Victim Services provides comprehensive services to victims/survivors of crime and violence and their family members, past or present. Services are free, confidential and voluntary. SPCVS Clinicians/Counselors can meet with students directly in schools located within Rensselaer County.

- Services may be virtual to navigate safety and improve accessibility •

Services include:

- Individual therapy/counseling and short-term support
- Advocacy regarding the legal system, medical care and information & referrals as appropriate
- Mature minors (12+) can consent to their own treatment (with the exception of safety concerns where a parent/guardian would need to be contacted)
- Treatment coordination with school staff or providers with appropriate release (if the student chooses)

Stacey McWhinnie
LMHC

Lansingburgh & Troy CSD
(518) 948-9580
Stacey.McWhinnie@sphp.com

Kate Bryant
Counselor

McKinney Vento
Counselor/Liaison
Troy CSD
(518) 443-9544
Kate.Bryant@sphp.com

Autumn DeGoski
MHC

Berlin, Hoosic Valley,
Brunswick/Brittonkill,
East Greenbush CSD
(518) 912-4094
Autumn.DeGoski@sphp.com

Intake line: (518) 271-3410

(ALL victims/survivors & family member/
secondary victim support)

24/7 hotline: (518) 271-3257

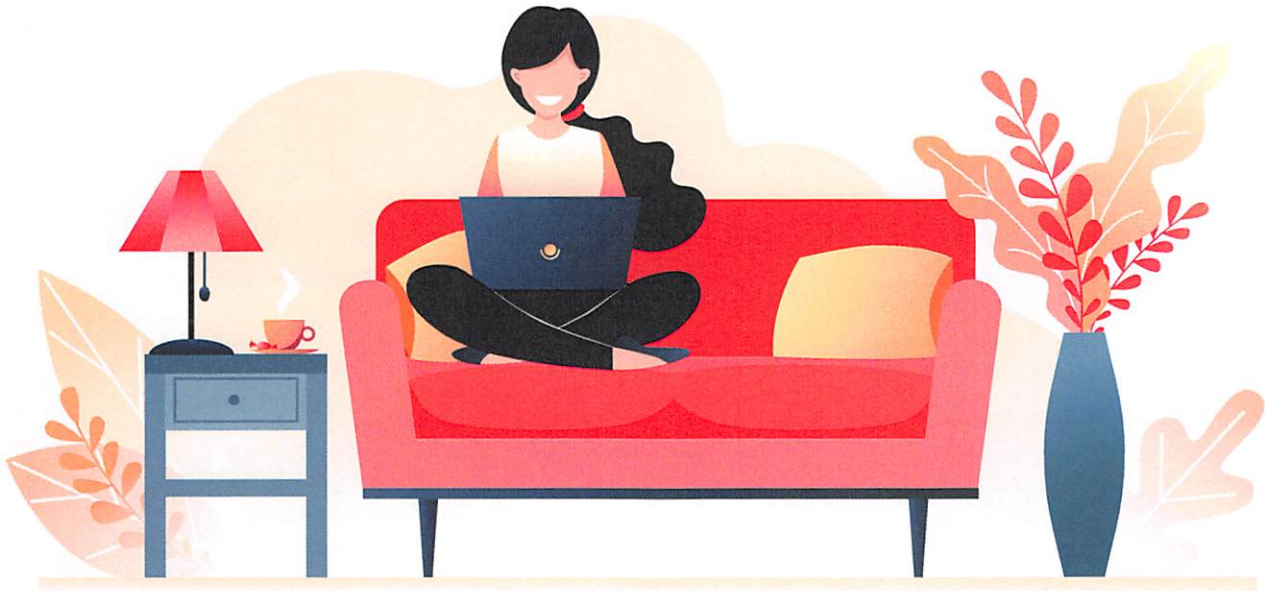


**St Peter's
Crime Victim Services**

ST PETER'S HEALTH PARTNERS
A Member of Trinity Health

VIRTUAL SUPPORT GROUPS

FALL 2021



St. Peter's Crime Victim Services (SPCVS) is offering a variety of free virtual support groups. All groups begin the week of September 13, 2021 and run for ten weeks. Individuals will need to attend at least eight of the ten weeks in order to participate.

In order to register, individuals must:

- Be a victim/survivor of a crime
- Be receiving additional support (from SPCVS, another victim assistance program, or another mental health provider)
- Complete a brief intake with the SPCVS staff person who is co-facilitating the group
- Be 18 year or older

Registration is required by September 3, 2021. Individuals who are interested in joining any of these groups should email the contact listed with the group name as the subject line, and their name, contact information, and location in the body of the email.

 **St Peter's
Crime Victim Services**

ST PETER'S HEALTH PARTNERS

A Member of Trinity Health

SPHP.com/CrimeVictimServices

Women's Group**Mondays | 5:30 - 6:30 pm****Contact: Autumn DeGoski** (she/her)**Autumn.DeGoski@sphp.com or 518-912-4094**

This is a weekly support group for female and female-identifying survivors of sexual violence. Participants will have the opportunity to discuss and learn more about topics such as the impact of trauma on self-image, relationships, and emotion regulation.

Understanding Trauma**Tuesdays | 4 - 5 pm****Contact: Jacquelyn Llanos** (she/her) **and Danille Hanlon** (she/her)**Jacquelyn.Llanos@sphp.com or 518-817-6382****Danielle.Hanlon@sphp.com or 518-833-6396**

This group will teach about the brain and body connection when it comes to trauma. We will also explore how the brain changes after trauma. Participants will learn about somatic experiencing, how trauma manifests in our daily lives, and much more. Participants should have completed some trauma processing work individually prior to joining this group.

LGBTQ+ Group**Tuesdays | 5 - 6 pm****Contact: Liz Karam** (she/her) **and Alexa Cappola, LMSW** (she/her)**Elizabeth.Karam@sphp.com or 518-833-6413****Alexa.Cappola@sphp.com or 518-833-6411**

LGBTQ+ Group is a support group for survivors of crime on the LGBTQ+ spectrum. Participants will have a space to connect with other survivors in the LGBTQ+ community for peer support, while enhancing their own recovery. This group will feature an eclectic array of healing modalities while providing a safe and affirming environment for all participants.

Task Journaling**Thursdays | 2 - 3 pm****Contact: Kelly VanAppledorn** (she/her)**Kelly.VanAppledorn@sphp.com or 518-833-6417**

Participants in this group will learn about the art of task journaling and how to use this skill to organize their lives, all while having a little goal-orientated fun. Participants will learn the benefits of tracking emotions, habits and symptoms in a quest for overall personal wellness.

Seeking Safety**Thursdays | 4 - 5 pm****Contact: Emilia Alsen** (she/her) **or Autumn DeGoski** (she/her)**Emilia.Alsen@sphp.com or 518-833-6397****Autumn.DeGoski@sphp.com or 518-912-4094**

This group helps individuals attain safety from trauma (including PTSD) and substance abuse by emphasizing coping skills, grounding techniques, and education. Goals include helping individuals increase safety in thinking, emotions, behaviors, and relationships; exploring the connection between treating trauma & addiction; and addressing thoughts and feelings of loss created from substance abuse and trauma. This group is for anyone who has struggled with managing harmful addictive behaviors that may be connected to the trauma they have experienced.

Feel the Music**Fridays | 12 - 1 pm****Contact: Ryan Melone** (he/him)**Ryan.Melone@sphp.com or 518-833-6401**

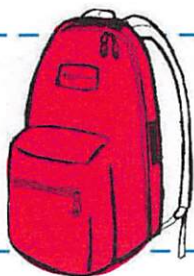
Participants will use music to explore the mind-body connection. Through the practice of mindfulness, participants will explore and discuss the various physical feelings music can evoke. Weekly listening exercises and discussions will connect physical sensations to thoughts and emotions, focusing on different parts of the body and different feelings. Participants' enhanced understanding of this connection will empower them to use music to cope with overwhelming emotions.

CEO

Community Action Programming

www.ceoempowers.org

Backpacks & Supplies



APPLICATIONS ACCEPTED STARTING JULY 6TH

Applications will be accepted via phone or email, and continue while supplies last. See contact information



Please review eligibility requirements below:

- The parent or child *must* be a CEO customer accessing one or more programs in the last 12 months.
- The child *must* be enrolled in grades K-6th for September 2021.
- The family *must* be under 200% of the Federal Poverty Guideline.

 [FACEBOOK.COM/CEOCAP](https://www.facebook.com/CEOCAP)

 [TWITTER.COM/CEOCAPNY](https://twitter.com/CEOCAPNY)

Learn more 

Bernard Bennett
518-272-6012 ext. 302
cares@ceoempowers.org

Babies in Waiting



Give your child a head start before they're born

CEO's Babies in Waiting program provides income-eligible pregnant women with:

- Pre-natal and post-natal supportive services.
- Classes and coaching to prepare you for a healthy birth.
- Support groups and home meetings.
- Nutrition and infant feeding classes.
- Enrollment into CEO's Early Head Start program.
- And much more!



Apply for Babies in Waiting

(518) 272-6012 EXT. 206
ceoempowers.org



This institution is an equal opportunity provider.

Foster Grandparent Program



*Work with
local youth in
our community
as a Foster
Grandparent!*

- Support youth in educational settings on their math, literacy, and social skills
- Mentor at-risk youth of all ages in your community.
- Serving Rensselaer, Albany, and Schenectady counties.
- Earn an hourly, tax-free stipend.
- Meet and socialize with other senior volunteers in your community.
- Available to income-eligible adults ages 55 and older.

Become a Foster Grandparent

(518) 272-6012 EXT. 315
ceoempowers.org



AmeriCorps

This institution is an equal opportunity provider.



Head Start & Early Head Start



Prepare your child for a lifetime of success

CEO's Early Head Start & Head Start Program

- Serves children ages six weeks to five years old.
- Offers safe and educational activities for families that meet income eligibility guidelines.
- Provides one-on-one support for families through a family advocate.
- Prepares children for kindergarten by teaching them age-appropriate skills.
- Provides breakfast and lunch.
- Encourages family participation.

Apply today! Call or visit us online.



Contact Rachel Lassiter
518-272-6012 EXT. 206

Visit ceoempowers.org/apply

This institution is an equal opportunity provider.



New York State Emergency Rental Assistance Program

The Emergency Rental Assistance Program assists households behind on their rent that have experienced financial hardship due to COVID-19 and are at risk of homelessness or housing instability. In addition, the program can provide temporary rental assistance and assistance with unpaid utility bills.

DO I QUALIFY?

Eligible residents must meet the following criteria:

- Household gross income at or below 80 percent of area median income, which varies by county and household size.
- A member of the household received unemployment benefits or experienced a reduction in income, incurred significant costs or experienced financial hardship, directly or indirectly, due to the COVID-19 pandemic.
- The applicant owes past due rent at their current residence.

HOW DOES IT WORK?

This assistance can pay up to 12 months of past due rent and for some households, pay up to 3 months for future rent. The program can also pay for up to 12 months of overdue electric or gas bills. Please note, payments will always be issued directly to the landlord or utility provider.

HOW CAN I APPLY?

Applications can be submitted online beginning June 1.

Local Community Organization Information:

Local Community Organization Information:

518-273-8351



518-272-6012



518-274-2607 ext: 4167

For more information, visit otda.ny.gov/ERAP or call **844-NY1RENT** (844-691-7368)



Office of Temporary
and Disability Assistance

Sexuality/ HIV

- Upper Hudson Planned Parenthood**
- Albany Med Specialized Care Center**

If you develop a fever, cough, or shortness of breath, please call us before scheduling online. Some services are now available through telehealth.

Troy Health Center of Troy, NY

[Overview](#) [Hours](#) [Appointments](#) [Insurance and Payments](#) [More Info](#)

Contact Info

120 Hoosick Street
Troy, NY 12180

(<http://maps.google.com/maps?daddr=120+Hoosick+St+Troy+NY+12180&hl=en>)
[Get Directions](http://maps.google.com/maps?daddr=120+Hoosick+St+Troy+NY+12180&hl=en)
518-434-5678 (tel:518-434-5678)

BOOK ONLINE

Fax: 518-274-5646

About This Health Center

Operated by: [Upper Hudson Planned Parenthood, Inc.](https://www.plannedparenthood.org/planned-parenthood-upper-hudson)
(<https://www.plannedparenthood.org/planned-parenthood-upper-hudson>)

CARE NO MATTER WHAT

Planned Parenthood is one of the nation's leading providers of high-quality, affordable health care, and the nation's largest provider of sex education. With or without insurance, you can always come to us for your health care.

LANGUAGE & INTERPRETERS


English; Interpretation by telephone available for other languages.



Please let us know if you need an interpreter when scheduling your appointment.



Services Offered



Our expert care providers offer care in the following services. Learn more about what services are offered, what to expect, and pricing.

 In-person  Telehealth

Abortion (/health-center/new-york/troy/12180/troy-health-center-2780-91020/abortion) 

Abortion Referrals (/health-center/new-york/troy/12180/troy-health-center-2780-91020/abortion-referral)  

Birth Control (/health-center/new-york/troy/12180/troy-health-center-2780-91020/birth-control)  

HIV Services (/health-center/new-york/troy/12180/troy-health-center-2780-91020/hiv-services)  

Having sex?

Need to know your status?

Get yourself tested!

**HIV/STI testing and Prevention/PrEP
for ages 13-24**

Call us! We are SAFE and here for you.

518-262-9789



ALBANY MED

Specialized Care Center for
Adolescents & Young Adults

www.amc.edu



**YOUR GUIDE
TO
MENTAL HEALTH
&
ADDICTION SERVICES**



In and Around Rensselaer County

RENSSELAER COUNTY MENTAL HEALTH SERVICES

Rensselaer County Department of Mental Health (RCDMH)

1600 7th Ave Troy, NY 12180

Website: www.rensco.com/departments/mental-health

Phone: (518) 270-2800 **Fax:** (518) 270-2723

Objectives: To develop and maintain a coordinated integrated continuum of services which permits all individuals to reach their personal potential and live their lives with dignity and independence.

Services Provided: See below.

Mental Health Children's Clinic (satellite locations throughout the county)

Phone: (518) 270-2800 **Fax:** (518) 270-2723

Services Provided: Individual and group therapy for children and families of Rensselaer County. In addition, we offer psychiatric evaluations and medication management. Children and family services provided at satellite locations throughout Rensselaer County. Contact the Mental Health Clinic for additional satellite information.

Hours: Monday-Friday: 8 am – 5 pm with some evening hours available. Crisis Line – 24 hours: (518) 270-2800.

Target Population: Ages 5 -21.

Eligibility Criteria: Must be a resident of Rensselaer County.

How to Apply for Services: Call 518-270-2800 and ask to schedule an intake assessment.

Mental Health Adult Clinic

Rensselaer Site- Phone: (518) 463-8869

Hoosick Falls Site- Phone: (518) 686-0694

Services provided: Individual and group therapy for Adults. In addition, we offer psychiatric evaluations and medication management.

Target Population: Ages 21 and up

Eligibility Criteria: Must be a resident of Rensselaer County

How to Apply for Services: Call and ask to schedule an intake assessment.

Adult Care Coordination Services/ Health Home

Contact: Jennifer Lemay, Adult Care Coordination Services Director

Phone: (518) 270-2867 **Email:** jlemay@rensco.com

Services Provided: Comprehensive Case Management, Care Coordination and Health Promotion, Comprehensive Transition Care, Patient and Family Support, Referrals to Community and Social Support Services under Capital Region Health Connections Health Homes/SPHP

Hours: Monday - Friday: 8 am – 5 pm.

Target Population: Adults

Eligibility Criteria: Adults: serious mental health condition or HIV/AIDS or two chronic conditions including physical, mental health or substance use disorders. Children: mental health needs.

How to Apply for Services: Contact the Adult Care Coordination Services Director or Capital Region Health Connections Health Homes 518-271-3010

Children's Care Coordination Services/Health Home

Contact: Michelle Marte, Children's Care Coordination Services Director

Phone: (518) 270-2836 **Email:** mmarte@rensco.com

Services Provided: Comprehensive Case Management, Care Coordination and Health Promotion, Comprehensive Transition Care, Patient and Family Support, Referrals to Community and Social Support Services under three Health Homes

Hours: Monday - Friday: 8 am – 5 pm.

Target Population: Children.

Eligibility Criteria: Children with serious mental health condition or two chronic conditions including physical, mental health or substance use disorders.

How to Apply for Services: Call the Child and Adult Care Coordination Services Director

Single Point of Access (SPOA)-Children

Contact: Davia Plusch, Children's Single Point of Access (SPOA) Coordinator

Phone: (518) 270-2805 **Fax:** (518) 270-2723 **Email:** dplusch@rensco.com

Services Provided: Facilitate a Level of Care meeting with the SPOA Team, which is made up of case management representatives and family support agencies, family members and the identified youth, if age appropriate. Determine if case management is appropriate and what level of care would be helpful.

Hours: Monday – Friday, 9 am – 5 pm.

Target Population(s): Youth with a mental health diagnosis (also having behavioral problems) which is interfering with their success at home, at school or in the community.

Eligibility Criteria: Mental health diagnosis.

How to Apply for Services: Contact SPOA Coordinator for an application.

Single Point of Access (SPOA)-Adults

Contact: Kirstein DonVito, Adult Single Point of Access (SPOA) Coordinator

Phone: (518) 270-2829 **Fax:** (518) 270-2723 **Email:** kdonvito@rensco.com

Services Provided: The Adult SPOA Program helps connect specially identified applicants to the most appropriate residences and services. The goal is to remove barriers to successful community living for adults with serious mental illness.

Hours: Monday -- Friday, 9 am -- 5pm.

Target Population(s): Adults with serious mental illness who need assistance accessing residential and community services.

Eligibility Criteria: Adults with a serious mental illness.

How to Apply for Services: Contact SPOA Coordinator for an application.

MENTAL HEALTH COMMUNITY RESOURCE SATELLITE

Unity House of Troy- Human Service Agency with a Wide Range of Services

2431 6th Ave Troy, NY 12180

Phone: (518) 274-2633

Services Provided: Unity House's Housing and Support Services Program provides ongoing case management services for adults living with mental illness, people living with HIV/AIDS and/or people with chemical abuse and domestic violence.

Hours: Monday-Friday, 8am–4:30pm.

Target Population(s): Both young adults and adults with mental illness and chemical abuse.

Eligibility Criteria: Mental Illness and/or Chemical Abuse

How to Apply for Services: Contact the Housing Support Services Program Director

Whitney Young Health Services

920 Lark Street Albany

Locations: Albany, Watervliet & Troy

Phone: (518) 465-4771

Services Provided: Integrated healthcare to address patient's behavioral health and physical health care needs.

Hours: Monday & Thursday 8am-6pm, Tuesday 8am-7:30pm, Wednesday 8am-5:30pm, Friday 8am-5pm

Target Population(s): Call to confirm

Eligibility Criteria: behavioral health and physical health care needs.

How to Apply for Services: Contact the office

Samaritan Hospital-Inpatient/Outpatient/Crisis Psychiatric Services (St. Peter's Health Partners)

2215 Burdett Ave Troy, NY 12180

Website: <http://www.sphp.com/behavioral-health-sam>

Phone Outpatient MH Clinic: (518)833-6470

Phone Crisis: (518)271-3540

Phone PROS: (518)270-1122

Services Provided: acute inpatient psychiatric care, outpatient psychiatric services offered, Emergency Room/ Crisis Unit

Hours: Monday-Friday, 9am-4pm, with additional evening hours (Outpatient), Crisis Unit 24 hours through the Emergency Room.

Four Winds Hospitals

30 Crescent Ave Saratoga Springs, NY 12866

Phone: (518) 584-3600

Website: www.fourwindshospital.com

Services Provided: Inpatient and outpatient mental health services for children (age 5+), adolescents, and adults. Depending on insurance

Hours: Referrals can be made 24/7.

Northern Rivers: Parsons Child and Family Center

Mobile Crisis Team for Children

Phone: (518) 292-5499

Website: https://parsonscenter.org/images/Mobile_Crisis_Response_Services.pdf

Services Provided: Phone assessments and consultation; on-site face to face mental health assessments; referrals to available services; follow up from psychiatric hospitalizations; wellness calls and visits when someone is concerned

Hours: Weekdays 11am-9pm

Target Population: Children who appear to be in a mental health crisis situation.

Eligibility Criteria: Resident of Rensselaer County

How to Apply for Services: Call phone number provided above. Anonymous calls accepted.

Mobile Crisis Team for Adults

Phone (518) 292-5499

Website: https://parsonscenter.org/images/Mobile_Crisis_Response_Services.pdf

Services Provided: Resident of Rensselaer County. Phone assessments and consultation; on-site face to face mental health assessments; referrals to available services; follow up from psychiatric hospitalizations; wellness calls and visits when someone is concerned

Hours: Monday-Friday 12am-9pm

Target Population: Adults who appear to be in a mental health crisis situation.

How to Apply for Services: Call phone number provided above.

NYS Emotional Support Line: 1-844-863-9314

MHEP Warm Line 1-800-643-7462

National Alliance on Mental Illness (NAMI)-Rensselaer County

West Sand Lake NY 12196

Phone: (518) 588-6949

Website: <https://namirensco.org/>

Contact: Marybeth Honsing, President

Email: mbhonsing@aol.com

Facebook: NAMI Rensselaer County, NY

Local Meetings: See webpage for list of meetings.

Services Provided: Education and support for families and individuals affected by mental illness in Columbia County. Advocacy at the family, county, and state level for proper treatment of those with mental illness.

Hours of Operation: Check website for local meetings and events.

Target Population: Individuals and families in Rensselaer County affected by mental illness.

How to Apply for Services: Contact President for more information.

Ellis Medicine

1101 Nott Street Schenectady NY 12308

Crisis/Inpatient Services- (518)243.4000

Outpatient Mental Health Services – (518)243.3300

Website: <http://www.ellismedicine.org/services/mental-health.aspx>

Services Provided: Inpatient, crisis intervention, adolescent treatment center, outpatient mental health clinic, personalized recovery oriented services, peer advocacy program and case management and family support.

RENSSELAER COUNTY ADDICTION SERVICES SUPPORT GROUPS

Hudson Mohawk Recovery Center (operated by Hope House, Inc.)

Elizabeth's House for Women

106-108 9th Street Troy NY 12182

Phone: (518) 272-0206

Website: <http://www.hmrecovery.net/main/residential.htm>

Services Provided: Elizabeth's House is a 14 bed community residence for women age 18 and older who are seeking recovery from alcohol and other drugs. Residents will stay at Elizabeth's House for an average of 6-12 months in an effort to gain the independent living skills necessary to begin living a sober life style. The variable length of stay is designed so that we can tailor each resident's program to meet her individual treatment needs.

820 Supportive Living-Halfway House

820 River Street Troy, NY 12180

Phone: (518)235-8397 Website: <https://www.rehab.com/820-river-street-halfway-house-community-residence/5512684-r>

Services Provided: Sober Living Home, Transitional Living, Halfway House, SLE, and other Recovery related services. Recovery related services, Sober Living Environment.

Al-Anon Family Groups

Website: www.al-anon.org **Email:** wso@al-anon.org

Local Meeting: <http://al-anon.info/MeetingSearch/Al-AnonMeetings.aspx?language=EN>

Services Provided: Provide understanding and support to friends and families of problem drinkers.

Alcoholics Anonymous

Capital District Central Office: (518) 463-0906

Website: www.aa.org

Local Meetings: <http://meetings.aahmbny.org/index.php>

Services Provided: Alcoholics Anonymous is a fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

Conifer Park

Troy Outpatient Clinic

2435 6th Avenue Troy, NY 12180

Phone: (518) 274-5143 **Fax:** (518) 273-1350

Website: www.coniferpark.com

Services Provided: Conifer Park offers outpatient treatment at six clinics which operate under licenses granted by New York State OASAS. Outpatient centers offer a full array of services which include both gender-specific, teen programming, and Medication assisted treatment. Each outpatient site offers psychiatric services to facilitate a well-integrated recovery program for clients. These clinics provide a continuum of treatment for clients making the transition home from inpatient treatment or who are seeking support on an as-needed basis.

Inpatient Services-

79 Glenridge Road Glenville, NY 12302

Phone: 1-800-989-6446

Website: www.coniferpark.com

Services Provided: Medical detox and crisis intervention services. Inpatient rehab programs (separate women's program as well). Outpatient services offered at six clinics: Schenectady, Troy, Glens Falls, Rochester, Syracuse, and Plattsburgh. Adolescent program available at Arms Acres location (www.armsacres.com).

Friends of Recovery-NY (FOR-NY) - Rensselaer Chapter

Jennifer Wilks, Organizer

1838 Fifth Avenue Troy, New York 12180

Phone: (518) 328-4999

Website: www.for-ny.org/blog/recovery_communities/friends-recovery-rensselaer-renss/

Email: recoveringinrenss@gmail.com

Services Provided: Friends of Recovery – New York (FOR-NY) is a statewide Recovery Community Organization (RCO) working on behalf of thousands of individuals and families in New York to educate decision makers and the public about addiction recovery. We are dedicated to ending discrimination and removing barriers to treatment, housing, and employment; and we support the expansion of recovery support services for individuals and families.

Friends of Recovery-NY (FOR-NY) - Albany Chapter

1529 Western Ave Albany, NY 12203

Phone: (518) 487-4395

Website: www.for-ny.org

Email: familyrecovery@for-ny.org

Hudson Mohawk Recovery Center (operated by Hope House, Inc.)

Troy Location- 1724 Fifth Avenue Troy, NY 12180

Phone: (518) 272-3918

Website: www.hmrecovery.net

Services Provided: Offers a continuum of care, including both outpatient and residential programs. Outpatient services offered at Troy, Hoosick Falls, and East Greenbush sites. Outpatient intensive evening and intensive day programs available in Troy. Outpatient services for adolescents offered at all three sites. Residential services offered for men and women.

Nar-Anon Family Support Meetings

Website: <http://www.nar-anon.org> **Email:** wso@nar-anon.org

Local Meetings: Chatham (Wed at 7pm, Christ Emmanuel Lutheran Church, 19 Park Row, Chatham, NY 12037); meetings in Capital Region also.

Contact: Lori Antonson (518) 858-6124

Services Provided: The Nar-Anon Family Groups are a worldwide fellowship for those affected by someone else's addiction. As a twelve step program, we offer our help by sharing our experience, strength, and hope.

Narcotics Anonymous

Phone: ABCD Regional Helpline

Phone: (888) 399-5519

Website: www.na.org

Local Meetings: <http://abcdrna.org/list-search/>

Services Provided: NA offers recovery from the effects of addiction through working a 12-step program, including regular attendance at group meetings. Group meetings provide help from peers and offer an ongoing support network for addicts who wish to reach and maintain a drug-free lifestyle.

Rensselaer County Department of Mental Health- Substance Abuse Prevention and Recovery Services

1600 7th Ave Troy, NY 12180

Webpage: www.rensco.com/departments/mental-health/student-assistance-program

Phone: (518) 270-2807 **Email:** kdonvito@rensco.com

Substance Abuse Prevention

Services Provided: School and Community Based; Providers deliver a wide range of services including evidence-based education programs, prevention counseling and referrals, skills development workshops, training sessions for parents, teachers, and other professionals, positive alternative activities for youth and policy change and enforcement efforts to reduce drug and alcohol use.

Location: Averill Park CSD, Berlin CSD, East Greenbush CSD, Lansingburgh CSD, Rensselaer CSD, Troy CSD.

Rensselaer County Department of Mental Health Peer Engagement Specialist

Phone: Office- (518)270-2857 **Cell-** (518-925-8067) - **Jesse Chapman** (CRPA) - Certified Recovery Peer Advocate)

Email: jchapman@rensco.com

Recovery Services Provided: Provide support, encouragement and guidance in finding appropriate services to persons misusing substances and/or who are in recovery. The Peer Engagement Specialist develops brief service plans and provides referrals and linkages to needed services/supports. Peer Engagement Specialists are in Recovery, they have personal experience and expertise in addiction services. They tend to be especially effective with outreach and engagement of people who are struggling with recovery and/or have been reluctant to participate in services.

Samaritan Hospital Addiction Services (St. Peter's Health Partners)

1300 Massachusetts Ave Troy, NY 12180

Phone: (518)268-5542 **Detox:** (518) 268-5005

Website: www.sphp.com/addiction-smh

Inpatient Rehabilitation and Outpatient Detoxification Program

Services Provided: St. Mary's offers both inpatient and outpatient substance abuse services for adults, including Outpatient Detoxification for opiate dependence and a structured inpatient rehabilitation program. are currently accepting: Fidelis Care NY, CDPHP, and Medicaid/Medicare NY.

NYS Office of Alcoholism and Substance Abuse Services (OASAS)

1450 Western Ave Albany, NY 12203-3526

Phone: (518) 473-3460 **Website:** www.oasas.ny.gov

Services Provided: Oversees state-run treatment centers. Provides guidance, oversight, advocacy for persons affected by alcohol and/or substance use.

OASAS Hope Line

Phone: (877) 8HOPENY or (877)-846-7369

Services Provided: Offering help and hope 24 hours a day, 365 days a year for alcoholism, drug abuse and problem gambling. Crisis and motivational interviewing for callers in need; referrals to more than 1,500 local prevention and treatment providers; 48 hours call back to those who wish to be contacted; multi-lingual. All calls are confidential.

OASAS Bed Availability Dashboard

Website: <https://bi1.oasas.ny.gov/analytics/saw.dll?Dashboard>

Purpose: Search bed availability using a single criterion or any combination of county, city, organization, gender and age group. Residential only, not outpatient.

OASAS Provider Directory Search

Website: https://www.oasas.ny.gov/providerDirectory/index.cfm?search_type=2

Purpose: Online database of all Certified Providers, searchable by Region, County, Zip Code and Program Type.

OASAS Regional Field Office Staff

Website: www.oasas.ny.gov/pio/regdir.cfm

Purpose: Directory of 11 OASAS Field Staff Offices, including contact information and address.

State-Operated Addiction Treatment Centers (ATCs)

Website: <https://www.oasas.ny.gov/atc/index.cfm>

Purpose: Admission Criteria, full list of 12 ATC's, including address, list/link to catchment area map and contact info.

Level of Care for Alcohol and Drug Treatment Referral

Website: <https://www.oasas.ny.gov/treatment/health/locadtr/index.cfm>

Purpose: Web-based tool used by substance abuse treatment providers, Medicaid Managed Care plans, and other referral sources to determine the most appropriate level of care for a client with a substance use disorder.

OASAS Guide to Accessing Treatment for Individuals & Families Seeking Support

Website: <https://www.oasas.ny.gov/treatment/index.cfm>

Purpose: View 10 brief educational videos below that provide general information about navigating the substance use disorder system of care. This video series describes the types of

substance use disorder treatment services available and answers common questions individuals and families may have about treatment and recovery.

PEER SUPPORT GROUPS

Smart Recovery

Website: www.smartrecovery.org

Local meetings in Rensselaer County (Weds. night) and Albany County (Thurs. night), SMART stands for Self-Management and Recovery Training and is a cognitive behavioral approach to recovery.

Renss County Mental Health All Recovery Meeting

Support group facilitated by a Certified Recovery Peer Advocate for anyone who has suffered with a substance use disorder and/or has been affected by addiction. All Recovery is for anyone practicing “any way” they see fit to recover. No RSVP needed.

Meeting is every Tuesday 6:30-7:30pm **BY ZOOM**

Meeting ID: 968 6057 1391 or dial 1-646-558-8656

In person meetings when they resume are held in the Rensselaer County Office Building (DMV), 3rd floor conference room (enter rear of building)

Contact: Jesse Chapman, CRPA 518-925-8067 or jchapman@rensco.com

Gamblers Anonymous

Website: www.gamblersanonymous.org

Gam-Anon

Support group for friends and family members of individuals with gambling disorder

www.gam-anon.org

Heroin Anonymous

Hotline: (518) 227 0294

Website: heroinanonymousnycd.org

Celebrate Recovery

A Christian, faith-based approach to recovery.

Contact: Jennifer Wilks (518) 894 3941

Refuge Recovery

A Buddhist approach to recovery, meetings Wednesday nights in Albany

Website: www.refugerecovery.org

ADDICTION SERVICES OUTSIDE OF RENSSELAER COUNTY

St. Peter's Addiction Recovery

64 Second Ave Albany, NY 12202

Phone: (518) 449-5170

SPARC Cohoes

55 Mohawk St, Cohoes NY 12047

Phone: (518) 235-1100

Website: <http://www.sphcs.org/outpatientrehabilitation>

Services Provided: SPARC outpatient clinics provide care for persons and families experiencing drug and alcohol problems. We also include complicating medical, psychiatric, family and other issues in our treatment processes.

Addictions Care Center of Albany (ACCA)

90 McCarty Ave Albany NY 12202

Phone: (518) 465-5470 Website: www.theacca.net

Services Provided: Outpatient services offered including day rehab, a medically-supervised outpatient program, and an evening program (1044 Broadway Ave., Albany. 434-2367). Community residences offered for men and women who are in early to later stages of recovery (434-8083).

Family Navigator Program- Offering family support navigation services that focus on family issues resulting from addiction. Contact Nicole Charbonneau at (518) 465-5829 x416 or ncharbonneau@theacca.net

Capital City Rescue Mission

259 S. Pearl Street Albany NY 12202

Phone: (518) 462-0459 Website: <http://www.capitalcityrescuemission.com>

Services Provided: Free shelter, clothing, food (3 meals/day, 365 days/yr), clothing provided to residents in need. Addiction recovery program as well. Residents who participate in addiction recovery program are sheltered 9 months - 1 year.

Conifer Park

79 Glenridge Road Glenville NY 12302

Phone: 1-800-989-6446 Website: www.coniferpark.com/

Services Provided: Medical detox and crisis intervention services. Inpatient rehab programs (separate women's program as well). Outpatient services offered at six clinics: Schenectady, Troy, Glens Falls, Rochester, Syracuse, and Plattsburgh. Adolescent program available at Arms Acres location (www.armsacres.com).

Cornerstone of Rhinebeck

91 Serenity Hill Road Rhinebeck NY 12572

Phone: (845) 266-3481 Website: www.cornerstoneny.com

Services Provided: Cornerstone offers Inpatient rehab and medical detox. 24 inpatient units that operate 24/7.

Alliance for Positive Health

927 Broadway, Albany NY 12207

Phone: (518) 434-4686 **Website:**

<http://www.allianceforpositivehealth.org/programservices/>

Services Provided: Mental Health Education and Substance Abuse Outreach and Referral Services

Camino Nuevo-Substance Abuse/Rehabilitation

175 Central Ave, Albany NY 12206

Phone: (518) 729-5659 **Website:** <http://www.acacianetwork.org>

Contact **Mickey Jimenez** for information Mjimenez@promesa.org

Services Provided: Outpatient treatment and substance abuse counseling, Methadone and Suboxone

Mohawk Opportunities

201 Nott Terrace Schenectady NY 12307

Phone: (518) 374-8424 **Website:** <http://www.mohawkopportunities.org/programs.html>

Services Provided: Offers mental health services and housing

Capital Care Integrated Behavioral Health

2125 River Road, Suite 303 Niskayuna, NY 12309

Phone: (518) 452-1337 **Website:** http://www.capcare.com/about/Our-Services_76_ph.htm

Services Provided: Drug Abuse and Addiction

Hometown Health

1044 State Street Schenectady 12303

Phone: (518) 370-1441

Website: <http://www.hometownhealthcenters.org/services/behavioral>

Services Provided: Our Behavioral Health Services team offers counselling for many common illnesses, such as Depression, Anxiety, ADHD, and Post-Traumatic Stress.

Adirondack Health Institute

101 Ridge St, Glens Falls 12801

Phone: (518) 480-0111 **Website:** <http://www.ahihealth.org/healthhome/>

Services Provided: AHI is a New York State-designated lead Health Home and serves all ages. A Health Home is not a place; it is a care management service that connects community and social supports with health care, and provides better organization of medical and behavioral health care. A Health Home ensures all caregivers involved with a person talk to one another so they can focus on their client's needs.

Albany Medical Center

47 New Scotland Ave Albany 12208

Phone- (518) 262-3125

Websitehttp://www.amc.edu/patient/services/childrens_hospital/pediatric_behavioral_health/contact_directions.cfm

Services Provided: Albany Medical Center's developmental and behavioral health program is a part of the Pediatric Group.

Saratoga Center for Family

359 Ballston Ave Saratoga Springs 12866

Phone: (518) 587-8241 **Website:** <http://www.saratogacff.org/mental-health-services/>

Services Provided: Saratoga Center for the Family offers individual and group counseling for children, families and adults at our agency office in Saratoga Springs and through our Student Empowerment Services at Shenendehowa Central Schools and South Glens Falls Schools.

Health Alliance of the Hudson Valley (Benedictine Hospital)

105 Mary's Avenue, Kingston, NY 12401

Phone: (845) 338-2500 **Website:** www.hahv.org/find-care/services/addiction-recovery/

Services Provided: Medical Detox, Inpatient Addiction Treatment Program, and Inpatient Rehab offered in a hospital setting. Outpatient treatment offered at Bridge Back of Kingston (Benedictine) Hospital in two locations: Kingston and Saugerties (845-943-6091).

Hope House, Inc.

573 Livingston Ave Albany, NY 12206

Phone: (518) 482-4673 **Website:** www.hopehouseinc.org

Services Provided: Bette Center is a 35-bed, co-ed, long-term residential intensive treatment program (261 N. Pearl St., Albany. 465-2441). Hubbard Centers are clinically-intensive residential communities for adolescents age 13-21 (573 Livingston Ave., Albany. 452-0001 (boys). 486-8965 (co-ed)). Outpatient services located at 747 Madison Ave., Albany (427-8207). Women and children's supportive 'halfway house' located at 890 Madison Ave., Albany (453-8351).

McPike Addiction Treatment Center

1213 Court Street Utica, NY 13502

Phone: (315) 738-4600 **Website:** www.oasas.ny.gov/atc/mcpike/general.cfm

Services Provided: A 68-bed, NYS-operated inpatient facility providing a proven individualized program of recovery for adult men and women who have a chemical addiction. Serves 16 counties, including Columbia and Greene.

Mid-Hudson Addiction Recovery Centers, Inc. (MARC)

51 Cannon Street Poughkeepsie, NY 12601

Phone: (845) 452-8816 **Website:** www.marc.us.com

Services Provided: Crisis Center offers inpatient non-medical detox. Bolger House is a 24-bed men's residence. Florence Manor is a 24-bed female residence. Dowling House is a co-ed, 12-bed, supported housing environment.

New Choices Recovery Center

302 State Street Schenectady, NY 12305

Phone: (518) 346-4436 **Website:** www.newchoicesrecovery.org

Services Provided: Outpatient and residential services provided.

Richard C. Ward Addiction Treatment Center

117 Seward St., Suites 12-16, Middletown, NY 10940

Phone: (845) 341-2500 **Website:** www.addicted.org/directory/item/rc-ward-addiction-treatment-center-inpatient-rehabilitation-unit.html

Services Provided: A 60- bed, NYS-operated, inpatient facility offering innovative treatment and services to aid in the recovery of addicts and their families. Ward ATC offers Acupuncture Services, a Specialized Women's Track, Dual Recovery Groups, and a new creative arts program called Innervisions to help addicts express feelings in healthy ways. Serves a 10-county area including Columbia and Greene.

Samaritan Daytop Village

Administrative Headquarters: 138-02 Queens Blvd., Briarwood.

Phone: (718) 206-2000 or 1-800-532-HELP (4357) **Website:** www.samaritanvillage.org

Services Provided: In late 2015, Daytop Village, Inc merged with Samaritan Village. All levels of care provided. Long term residential treatment programs in Ellenville and Rhinebeck.

St. Joseph's Addiction Treatment Center

91 Woodruff Street Saranac Lake, 12983

Phone: (518) 891-3950 or (877) 813-8647 **Website:** <http://www.stjoestreatment.org>

Services Provided: Inpatient and outpatient treatment and aftercare services offered to men, women, teens and their families, veterans in several locations in NYS.

St. Mary's Healthcare Addiction Services

427 Guy Park Avenue Amsterdam, NY 12010

Phone: (518) 841-7325 **Website:** www.smha.org/our-doctors/addiction-services

Services Provided: Medical alcohol detox provided at St. Mary's hospital in Amsterdam. 24/7 crisis hotline (842-9111). Inpatient rehab (St. Joseph's Hall) at St. Mary's hospital location (841-7325). Opioid treatment, including Methadone Maintenance Treatment Program (843-4410). Outpatient clinic services including services for dually diagnosed (843-4410). Evening rehab offer intensive alcoholism treatment four evenings/week, allowing a person in treatment to maintain employment (843-4410).

St. Peter's Addiction Recovery Center (SPARC)

3 Mercycare Lane Guilderland, NY 12084

Phone: (518) 452-6700 **Website:** www.sphcs.org/addictionrecoverysparc

Services Provided: Medical detox offered at St. Peter's hospital in Albany. Outpatient services available for those ages 18+ in six facilities (located in Albany, Schenectady and Saratoga counties). Inpatient treatment available at Guilderland location. SPARC also operates a men's community residence in Albany County. Adolescents (age 13-18) can seek treatment at one of four different outpatient facilities (Latham, Cohoes, Saratoga Springs, Schenectady).

Mental Health Association of Columbia- Greene Counties

Youth Clubhouse

Hudson Site: 802 Columbia St., Suite 2. Catskill Site: 445 Main St.

Phone: (518) 567-7771

Website: www.mhacg.org/services/children-families/

Contact: Kai Hillman, Director **Email:** khillman@mhacg.org

Facebook: Youth Clubhouse of Columbia-Greene Counties

Services Provided: The Clubhouses provide a safe, supportive, alcohol and drug free environment for its members. Peer driven activities will promote health, wellness, and long-term recovery. (I.e. Recreation, Pro-social activities, health and wellness, educational/employment support, recovery/peer support, evidenced based programming, skill building, and family engagement).

Hours: Thurs 3-9pm, Fri/Sat 3-10pm (Days and hours subject to change)

Target Population: Clubhouses welcome all youth 12-17 and young adults 18-21 in recovery from drugs or alcohol, or at risk of developing a substance use disorder.

Catholic Charities of Columbia and Greene Counties

Columbia Co.: 431 East Allen Street, Hudson, NY 12534

Phone: (518) 828-8660

Greene Co.: 66 William Street, Catskill, NY 12414

Phone: (518) 943-1462 **Fax:** (518) 828-4016

Email: info@cathcharcg.org **Website:** www.catholiccharitiescg.org

Services Provided: Alcohol and Substance Use Prevention Program (school-based); provide information and referral services.

Hours: Monday, Tuesday, Thursday, and Friday, 8:30 am - 4 pm; Wednesday, 11 am – 7 pm; other hours vary by program.

Target Populations: Poor and vulnerable children and families.

Eligibility Criteria: Varies by Program.

How to Apply for Services: Call 828-8660.

Chatham Cares 4 U Outreach Initiative Program

Chatham Police Department

Village Hall, 77 Main St., Chatham, NY 12037

Phone: 877-467-3365

Services Provided: In partnership with the Police Assisted Addiction Recovery Initiative, Chatham Cares 4 U encourages residents struggling with substance use to walk into the police station, turn over their drugs and ask for help. Instead of being charged, individuals will be placed into a drug treatment program regardless of financial means and/or insurance coverage. Participants will be assigned a volunteer to assist and guide them throughout the recovery process.

Columbia County Community Healthcare Consortium

325 Columbia St., Suite 200, Hudson, NY 12534

Phone: (518) 822-8820

Website: www.columbiahealthnet.org

Services Provided: The Healthcare Consortium helps residents in Columbia and Greene Counties to get and stay healthy by increasing their access to healthcare services. Services include: Assistance enrolling in health insurance, including Medicaid, Child Health Plus and the Essential Plans, help getting low or no –cost prescription medications; information about long-term services and supports; and, non-emergency medical transportation (Columbia County residents only).

Columbia County Pathways to Recovery

PO Box 486, Chatham, NY 12037

Phone: (518) 966-2775

Email: columbiapathwaystorecovery@gmail.com

Website: www.columbiapathwaystorecovery.org

Services Provided: CPR is a Recovery Community Organization (RCO), a grassroots group responding to the need for education, awareness, advocacy and change in regard to addiction in Columbia County. Monthly meetings are open to the public and geared towards finding and increasing pathways to recovery.

Councils on Addiction of New York State (CANYS)

Columbia/Greene Council: Twin County Recovery Services

350 Power Ave., Hudson, NY 12534

Phone: (518) 751-2083

Website: www.canys.net/councils.htm Email: BethS@twincountyrecoveryservices.org

Services Provided: CANYS is an organization of prevention, education, treatment and intervention agencies throughout NYS that meets to address concerns and issues that affect residents of NYS.

Twin County Recovery Services, Inc.

350 Power Avenue; PO Box 635

Hudson, NY 12534. 428 W. Main St. Catskill, NY 12414

Phone: (518) 751-2083 ext. 320 Fax: (518) 751-2086

Website: www.twincountyrecoveryservices.org

Services provided: Outpatient clinics (addiction medications, including Vivitrol and Suboxone prescribed), community residences, community prevention, Drinking Driver Program, Jail Addiction Counseling Services (at Columbia County Jail).

Hours: Vary depending on program. Outpatient: Monday – Friday, 8 am – 7 pm.

Target Population: Individuals with alcohol and substance abuse problems.

Eligibility Criteria: Diagnostic.

How to Apply for Services: Call or stop in

NARCAN (NALOXONE)

Naloxone is an emergency medicine that can stop an opioid overdose

N-CAP

The N-CAP co-payment reimbursement process is open to any valid prescription or standing order for anyone with prescription coverage. There are no enrollment requirements for individuals. If you have insurance you can use N-CAP to cover up to \$40 in prescription co-payments so there are no or lower out-of-pocket expenses when getting naloxone at a participating pharmacy.

Rensselaer County Department of Health

Rensselaer County Department of Health offers free training on heroin/opioid overdose prevention. Registration is required! You will receive a card of completion when you are finished and will go home with an overdose kit. We offer to everyone in the public with or without insurance. We hold trainings in the county building once a month and at St. Mary's hospital once a month. We also will go to community organizations and hold trainings for 10 or more people. Please contact Leandra at **(518)270-2669** or by email LCKneeland@rensco.com

NALOXONE NOW

Rensselaer County can provide a curbside delivery to your home Monday thru Friday 9am-5pm of Naloxone (NARCAN). Most request are delivered within 24 hours.

Text the word "NARCAN" to 21000 to arrange for delivery.

Project Safe Point

These trainings are open to the general public; learn the signs and symptoms of Heroin and Opioid overdose. Learn how to use Intramuscular Naloxone to respond to an overdose. Each individual will receive a Naloxone kit as part of the training and the training is Free and will be completed in one hour. Any questions contact Luke Grandis, Project Safe Point Program Coordinator: Lukeg@ccalbany.org or **518-449-3581 EXT. 136**

TRANSPORTATION

A+ Medi Transportation
23 Railroad Ave Albany, NY
Phone: (518) 433-7433

Action Transportation
Schenectady
Phone: (518) 649-3366

ASAP Medical Cab
123rd Street Troy NY
Phone- (518) 237-2727

Capital District Med Transport
203 Spruce Street Albany, NY
Phone- (518)433-1600

Empire Taxi
1st Street Rensselaer NY
Phone: (518) 605-8490

TAXI SERVICE'S

Black And White
415 Fulton Street Troy, NY
Phone: (518) 272-6961

Capitaland
159 4th Street Troy, NY
Phone: (518) 270-8294

Capitaland (Albany)
21 Essex Street Albany, NY
Phone: (518) 456-8294

Lyft
Website: www.lyft.com
Create an account online

Uber
Website: www.uber.com
Create an account online

This guide is in collaboration with the Rensselaer County Heroin Coalition and Carl Quinn from Columbia County Pathways to Recovery. Suggestions for updates and additions can be submitted to Leandra Kneeland at any time by email LCKneeland@rensco.com. Thank you to Jesse Chapman of Mental Health, Taylor Welch of The Public Health Department, and the members of the Rensselaer County Heroin Coalition for their contributions to this document.