

Ms. Honsinger
Physical Education
Health

Middle-High School Physical Education

We will be outside as much as possible

One subject Notebook

Pen/ pencil

Pedometer / fitness phone App/ Apple Watch or Fitbit (encouraged but optional)

Layered clothes to put on or take off as weather permits

Extra Socks (spare sneakers) ground might be wet

Deodorant

Middle-High School Health:

3 subject Notebook

Pen/ pencil

Highlighter

Pack of notecards

earbuds