



Berlin Middle-High School

December Newsletter

From the Principal's Desk

This year has been filled with change at Berlin. We recognize that change can be difficult but all of it has been carefully considered before moving forward. Recently, we have chosen to shift from our Triple M format to an end of day Advisory period. By shifting this time to the end of the day it still allows a period when staff can hold meetings with students but also builds in time for activities required to begin at an earlier time. We built the Triple M time around the need for many of our students to have a later breakfast break and this portion is still built in. Moving Advisory to the end of the day allows time for teams to leave early, clubs or classes to meet and for teachers to work with students who may need additional academic support. We continue to examine this as the year continues to be certain we are doing what is best for our students' academic progress.

Dr. Catherine Allain, Principal
callain@berlincentral.org

December Dates & Events

MS Homework Club

Every Monday & Wednesday 3:00 - 4:30 pm

Art Club 3rd Tuesday of the Month 3:00 - 5:00 pm

12/23-1/5 HOLIDAY RECESS

1/6 Classes Resume



8th Grade Project Based Learning

Students in 8th grade were presented with the MAGLEV Challenge. This is a transportation systems challenge in which students design a vehicle that is supported by magnetic repulsion and propelled by wind. Students raced their vehicles at the project's conclusion to see how their designs fared against their peers. They worked on different parts of the project in each of their core classes which included researching, problem solving, writing, mathematics, and science. Students worked over a week's time. At the end of the week students saw and understood that what they were learning in their individual classes all impacted and related to their finished product. Project based learning allows students to work together on complex issues, challenges or problems over an extended period while using their core classes. Students presented their final projects to the school community and families were invited to attend and watch the final race.





Counseling Corner

‘Tis the time of Year to.... Reduce Stress

As parents /guardians we take a lot of initiative during this time of year to make sure our homes have adequate heat, our children have warm clothing and jackets, etc., and - if we celebrate holidays that include gift-giving - some gifts to open and enjoy. Adults often feel stressed during December, especially when money and other resources are low and kid needs are high. Sometimes we have to remind ourselves that although our children may expect and hope to have clothing and other items that are just as nice (costly) as those they see their friends enjoying, we can only do what we can do to make this time of year pleasant.

Here are some tips and websites that are for you - the adults who do so much to take care of others. Enjoy.

Try to ignore the media hype about buying for the holidays - even the ads that may pop up on the websites below!

Take some time for yourself . Even if its a few minutes behind a closed door, take time to breathe and think about something positive..

<https://www.parentingscience.com/parenting-stress-evidence-based-tips.html>

<https://www.mayoclinic.org/healthy-lifestyle/stress-management/in-depth/stress/art-20047544>

<https://www.thesimpledollar.com/100-things-to-do-during-a-money-free-weekend/>

‘Not finding what you’re looking for in this part of the newsletter? Email Mrs. Putterman Hoffmann, Berlin School Social Worker, at mputtermanhoffmann@berlincentral.org. Let her know what to include in future newsletters.

Yearbook News

Looking for a great holiday gift for your child(ren)? Order your 2019-2020 High School Mountaineer Yearbook by picking up an order form in the main office to pay by cash or check (payable to Berlin Central School District) OR going online to www.YearbookAvenue.com to purchase with a credit card. Only \$55 this year!

Schoology

Homework and grades are updated daily on **Schoology**. Please check it regularly to stay on top of your child’s grades and assignments. To sign-up and learn more about Schoology go to: <http://berlincentral.org/parents/>. If you need access to Schoology contact awolff@berlincentral.org

Technology

The introduction to engineering design class, DDP, has started in the design phase of their Puzzle Cube project where they will design, build and test the most difficult solution to a puzzle cube using 3/4" wooden blocks.

Berlin InvenTeam has started the build for the chassis of this years solution for a TeleLearn robot to allow students to connect with their classes remotely.

Due to the snow day last week, the college in the high school HVCC field trip is being rescheduled for January 2020 for the Digital Electronics, CAD, Spanish and pre-Calculus classes.



Newsletter Under Construction

**Checkout our website
berlincentral.org**

