MSHS MENU

Meal Prices

Breakfast	$1.60
BES Lunch	$2.55
Milk	$.60
Reduced Meals	$.25

AVAILABLE DAILY

Assorted fresh/canned fruits and vegetables.

Breakfast

Assorted cereals, whole wheat toast and yogurts.

Lunch

Chef salads, assorted sandwiches, chocolate and white milk.

Important Information...
Free and Reduced School Meal Applications can be submitted year round.

MY SCHOOL BUCKS — PAY FOR MEALS ONLINE — MySchoolBucks.com

(CREDIT CARDS ACCEPTED ONLINE ONLY)
*Apply $20 to student account and receive one free lunch. (Certain restrictions apply.)
*Receive low and negative balance alerts by e-mail.
*Check meal account balances and account history.

Mon	Tue	Wed	Thu	Fri
SCHOOL LUNCH Menus **SUBJECT TO CHANGE!**	1 	2 **BREAKFAST** Pancake Bites **LUNCH** Chicken w/ Gravy Mashed Potatoes Broccoli	3 **BREAKFAST** Fruit Frudel **LUNCH** Pizza w/ Assorted Toppings	4 **BREAKFAST** Sausage,Egg,Cheese Breakfast Sandwich **LUNCH** Sausage Grinder w/ Peppers & Onions Baked Beans
7 **BREAKFAST** Bagel w/ Assorted Toppings **LUNCH** Teriyaki Chicken Rice	8 **BREAKFAST** Pancake Stix **LUNCH** Taco Tuesday	9 **BREAKFAST** WG Donut **LUNCH** Deli Day Assorted Meats and Toppings	10 **BREAKFAST** Sausage & Pancake Breakfast Sandwich **LUNCH** Chili w/ Corn Bread	11 **BREAKFAST** Fruit Smoothie **LUNCH** Pizza Crunchers w/ Marinara Sauce
14 **BREAKFAST** Breakfast Pizza **LUNCH** Spaghetti & Meatballs	15 **BREAKFAST** French Toast Sticks **LUNCH** Chicken Nuggets Sweet Potato Fries	16 **BREAKFAST** Fruit & Yogurt Parfait **LUNCH** Korean Beef Fried Rice	17 **BREAKFAST** Ham,Egg,Cheese Breakfast Sandwich **LUNCH** Hot Dog on WG Roll Baked Beans	18 **BREAKFAST** Warm Muffin **LUNCH** Calzone w/ Assorted Toppings
21 MARTIN LUTHER KING JR. DAY	22 **BREAKFAST** Cereal Bar w/ Yogurt Cup **LUNCH** Chicken Patty on WG Roll	23 **BREAKFAST** Cheesy Omlet Hash Brown **LUNCH** Pizza w/ Assorted Toppings Buffalo Cauliflowers	24 **BREAKFAST** Smorgasbord **LUNCH** Cheesy Pretzel w/ Soup	25 **BREAKFAST** Cinnamon Rolls **LUNCH** Smorgasbord
28 **BREAKFAST** Mini Cinni **LUNCH** Hamburger Broccoli Salad	29 **BREAKFAST** Warm Filled Bagel **LUNCH** Chicken Pot Pie	30 **BREAKFAST** Fruit Smoothie **LUNCH** Cheese Quesadilla Refried Beans	31 **BREAKFAST** Breakfast Bar **LUNCH** Sloppy Joe on WG Roll Baked French Fries	*Important Dates* Jan 8—BES PTO Meeting Jan 15—BOE Meeting Jan 21—School Closed Jan 25—BES Future Day www.berlincentral.org