



MSHS MENU

Meal Prices

Breakfast	\$1.60
BES Lunch	\$2.55
Milk	\$.60
Reduced Meals	\$.25

AVAILABLE DAILY

Assorted fresh/canned fruits and vegetables.

Breakfast

Assorted cereals, whole wheat toast and yogurts.

Lunch

Chef salads, assorted sandwiches, chocolate and white milk.

2018-2019 Application for Free/Reduced Price School Meals

Eligibility for free/reduced price meals will expire automatically on October 18, 2018 if a new application is not received.

If you receive in the mail, a letter from the school (Aug/Sept 2018) that says your child is automatically eligible, a new application is not needed.






(CREDIT CARDS ACCEPTED ONLINE ONLY)

*Apply \$20 to student account and receive one free lunch.

(Certain restrictions apply.)

*Receive low and negative balance alerts by e-mail.

*Check meal account balances and account history.

MON	TUE	WED	THU	FRI
1 BREAKFAST Mini Cinni LUNCH Chili w/ Cornbread	2 BREAKFAST Fruit Strudel LUNCH Chicken Fajita	3 BREAKFAST Sausage, Egg, Cheese Breakfast Sandwich LUNCH Broccoli Alfredo	4 BREAKFAST Cinnamon Churro LUNCH Build a Burger on a WG Bun w/ Assorted Toppings	5 BREAKFAST Bagel w/ Assorted Toppings LUNCH Pizza w/ Assorted Toppings
8  Columbus Day	9 BREAKFAST French Toast Sticks LUNCH BBQ Chicken on WG Bun Cole Slaw	10 BREAKFAST Breakfast Burrito LUNCH Grilled Cheese and Tomato Soup	11 BREAKFAST Pancake Stix LUNCH Pizza w/ Assorted Toppings	12 BREAKFAST Fruit Smoothie LUNCH Sloppy Joe on WG Bun
15 BREAKFAST Pancake Bites LUNCH WG Garlic Breadstick w/ Marinara	16 BREAKFAST Sausage, Egg, Cheese Breakfast Sandwich LUNCH Taco w/ Assorted Toppings	17 BREAKFAST Warm Muffin LUNCH Pizza Crunchers w/ Marinara	18 BREAKFAST Smorgasbord LUNCH General Tso Fried Rice	19 BREAKFAST Filled Crescent Roll LUNCH Smorgasbord
22 BREAKFAST Ham, Egg, Cheese Breakfast Sandwich LUNCH Deli Day Assorted Meats and Toppings	23 BREAKFAST Pancake Stix LUNCH Chicken Lo Mein	24 BREAKFAST Fruit Smoothie LUNCH Pizza w/ Assorted Toppings	25 BREAKFAST Waffles LUNCH Hot Dog on WG Bun Baked Beans	26 BREAKFAST Breakfast Pizza LUNCH Chicken Nuggets
29 BREAKFAST Warm Blueberry or Corn Muffin LUNCH Mozzarella Sticks w/ Marinara	30 BREAKFAST Cereal Bar w/ Yogurt 	31 BREAKFAST Bagel w/ Choice of Toppings LUNCH Brunch for Lunch French Toast Sticks and Sausage	MENU SUBJECT TO CHANGE! 	<u>Important Dates</u> Oct 2—Picture Day Oct 2—PTO Mtg. Oct 8—No School Oct 16—BOE Mtg. Oct 30—1/2 Day Visit www.berlincentral.org for other important information.