



BES MENU

Meal Prices

Breakfast	\$1.60
BES Lunch	\$2.35
Milk	\$.60
Reduced Meals	\$.25

AVAILABLE DAILY

Assorted fresh/canned fruits and vegetables.

Breakfast

Assorted cereals, whole wheat toast and yogurts.

Lunch

Chef salads, assorted sandwiches, chocolate and white milk.

2018-2019 Application for Free/Reduced Price School Meals

Eligibility for free/reduced price meals will expire automatically on October 18, 2018 if a new application is not received.

If you receive in the mail, a letter from the school (Aug/Sept 2018) that says your child is automatically eligible, a new application is not needed.






(CREDIT CARDS ACCEPTED ONLINE ONLY)

*Apply \$20 to student account and receive one free lunch.

(Certain restrictions apply.)

*Receive low and negative balance alerts by e-mail.

*Check meal account balances and account history.

MON	TUE	WED	THU	FRI
1 BREAKFAST French Toast Sticks LUNCH Sloppy Joe on WG Bun	2 BREAKFAST Fruit Frudel LUNCH Macaroni & Cheese	3 BREAKFAST Scrambled Eggs w/ Bacon & Cheese LUNCH Brunch for Lunch Pancake Stix and Hash brown	4 BREAKFAST Bagel w/ Cream Cheese LUNCH Fajita Chicken & Cheese Wrap	5 BREAKFAST Egg & Cheese Wrap LUNCH Pizza
8  Columbus Day	9 BREAKFAST Apple Raisin Oatmeal LUNCH Beef Taco Rice	10 BREAKFAST Bagel w/ Cream Cheese LUNCH Pasta w/ Meatsauce	11 BREAKFAST Banana Split Parfait LUNCH Chicken Nuggets Mashed Potatoes	12 BREAKFAST Sausage, Egg, Cheese Breakfast Sandwich LUNCH Corn Dog Baked Beans
15 BREAKFAST Warm Muffin LUNCH Chili with Crackers and Cheese	16 BREAKFAST Bacon, Egg and Cheese Wrap LUNCH Chicken Patty Parm on WG Bun	17 BREAKFAST Bagel w/ Cream Cheese LUNCH BBQ Chicken Baked Potatoes Coleslaw	18 BREAKFAST Pancake Bites LUNCH Deli Day Pasta Salad	19 BREAKFAST Tater Tot Egg Bake LUNCH Pizza Crunchers
22 BREAKFAST Warm Breakfast Bar LUNCH Grilled Cheese and Tomato Soup	23 BREAKFAST Bagel w/ Cream Cheese LUNCH Chicken Taco Refried Beans	24 BREAKFAST Fruit & Yogurt Parfait LUNCH Pizza	25 BREAKFAST Waffles LUNCH Beef Stew Cornbread	26 BREAKFAST Ham, Egg and Cheese Breakfast Sandwich LUNCH Mozzarella Sticks w/ Marinara
29 BREAKFAST Scrambled Eggs and Toast LUNCH Hot Dog on WG Bun Tater Tots	30 BREAKFAST Pancake Stix 	31 BREAKFAST Whole Grain Donut LUNCH Goulash	MENU SUBJECT TO CHANGE! 	
				<u>Important Dates</u> Oct 2—Picture Day Oct 2—PTO Mtg. Oct 8—No School Oct 16—BOE Mtg. Oct 30—1/2 Day Visit www.berlincentral.org for other important information.