

September 2017

Berlin Elementary School

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know...

The name September comes from the Latin septem for seven, since this was the seventh month of the Roman calendar.

School Lunch Applications available on-line at www.berlincentral.org

SERVED WITH ALL MEALS:
Fresh or Canned Fruits and Vegetables
Tossed Salad
Skim or 1% White or Chocolate Milk.

Remember, you must take at least one fruit or veggie and at least three items total so that your meal counts as a complete breakfast or lunch!

A la carte

Assorted fruits and vegetables available for both meals.
Breakfast: Toast, Cereal, Yogurt
Lunch: Chef Salads, Yogurt Parfaits, Sandwiches or Wraps

School News

MEAL PRICING FOR 17/18
Breakfast \$1.50
Lunch \$2.20
Milk \$.60

Myschoolbucks.com

For your convenience and peace of mind, you can pay for meals online at:

www.myschoolbucks.com

Pay \$20 on account (that is in good standing) and receive a free meal.

For more information on school lunch, please visit

www.berlincentral.org



4

BREAKFAST

Pancake Bites

LUNCH

Hot Dog & Baked Beans
Tater Tots

5

BREAKFAST

Bagel

LUNCH

Chicken Nuggets
Mashed Potatoes

6

BREAKFAST

Mini Cinnis

LUNCH

Turkey Pot Pie

7

BREAKFAST

Fruit & Yogurt Parfait

LUNCH

Pizza

8

11

BREAKFAST

Tater Tot Egg Bake

LUNCH

Fish Patty on a WW Roll

12

BREAKFAST

Fruit Strudel

LUNCH

Beef Taco
Refried Beans & Rice

13

BREAKFAST

Ham, Egg & Cheese
Breakfast Sandwich

LUNCH

Brunch for Lunch
Pancake & Sausage Stix
Hashbrowns

14

BREAKFAST

French Toast Sticks

LUNCH

Lasagna Roll-ups

15

BREAKFAST

Apple Cinnamon Oatmeal
w/ Toast

LUNCH

Pizza Crunchers

18

BREAKFAST

Peach Breakfast Bar

LUNCH

Hamburger w/
French Fries

19

BREAKFAST

Scrambled Eggs w/
Toast

LUNCH

Garlic & Cheese Pull
Aparts w/ Marinara

20

BREAKFAST

Blueberry Muffin

LUNCH

Chicken Patty Parm
over Pasta

21

BREAKFAST

Breakfast Pizza

LUNCH

Shepherd's Pie

22

BREAKFAST

Pancake Bites

LUNCH

White Pizza

25

BREAKFAST

Whole Grain
Cinnamon Donut

LUNCH

Sloppy Joe's
Coleslaw

26

BREAKFAST

Sausage, Egg & Cheese
Breakfast Sandwich

LUNCH

Scalloped Potatoes
w/ Baked Ham

27

BREAKFAST

Fruit Strudel

LUNCH

Grilled Cheese and
Tomato Soup

28

BREAKFAST

Bagel

LUNCH

Meatloaf and
Mashed Potatoes

29

BREAKFAST

Fruit & Yogurt Parfait

LUNCH

Pizza