

# OCTOBER 2017

Berlin Elementary School

## MEAL PRICING

\$1.50 Breakfast  
\$2.20 Lunch  
\$ .60 Milk

### Monday

**BREAKFAST** 2

Pancake Bites

**LUNCH**

Garlic & Cheese Pull Aparts  
w/ Marinara Sauce

### Tuesday

**BREAKFAST** 3

Strudel

**LUNCH**

Beef Taco  
Black Beans & Rice

### Wednesday

**BREAKFAST** 4

Waffles

**LUNCH**

BBQ Chicken on  
WG Bun

### Thursday

**BREAKFAST** 5

Scrambled Eggs w/ Toast

**LUNCH**

Brunch for Lunch  
Pancake & Sausage Stick

### Friday

**BREAKFAST** 6

Mini Cinnis

**LUNCH**

English Muffin Pizza



9

**BREAKFAST** 10

Sausage, Egg & Cheese  
McMuffin

**LUNCH**

Hot Dog w/ Baked Beans

**BREAKFAST** 11

Bagel w/ Cream Cheese

**LUNCH**

Pasta w/ Meat Sauce

**BREAKFAST** 12

Cinnamon Oatmeal w/ Toast

**LUNCH**

Tater Tot Nacho Bake

**BREAKFAST** 13

Blueberry Muffin

**LUNCH**

Pizza Crunchers

**BREAKFAST** 16

Whole Grain Donut

**LUNCH**

Shepherd's Pie

**BREAKFAST** 17

Tater Tot Egg Bake

**LUNCH**

Dunkers w/ Marinara

**BREAKFAST** 18

Pancake Bites

**LUNCH**

Fish on a WG Bun

**BREAKFAST** 19

Waffles

**LUNCH**

Chicken Stir-Fry over Rice



**BREAKFAST** 23

Warm Breakfast Bar

**LUNCH**

Meatball Sub  
w/ Mozzarella

**BREAKFAST** 24

Sausage, Egg & Cheese  
McMuffin

**LUNCH**

Chicken Nuggets  
Mashed Potatoes

**BREAKFAST** 25

French Toast Sticks

**LUNCH**

Deli Day  
Ham, Turkey, Bologna  
Pasta Salad

**BREAKFAST** 26

WG Cinnamon Bun

**LUNCH**

Beef Stew w/ Biscuit

**BREAKFAST** 27

Pancake & Sausage Stick

**LUNCH**

White Pizza

**BREAKFAST** 30

Fruit & Yogurt Parfait

**LUNCH**

Grilled Cheese and  
Tomato Soup

**BREAKFAST** 31

Pumpkin Square

**LUNCH**

Ghoulash

FOR MORE INFORMATION ON  
SCHOOL LUNCH,  
PLEASE VISIT  
[WWW.BERLINCENTRAL.ORG](http://WWW.BERLINCENTRAL.ORG)

#### A la carte

Assorted fruits and vegetables available for both meals.

**Breakfast:** Toast, Cereal, Yogurt

**Lunch:** Chef Salads, Yogurt Parfaits, Sandwiches or Wraps

#### SERVED WITH ALL MEALS

Fresh or Canned Fruits and Vegetables

Tossed Salad

Skim or 1% White or Chocolate Milk

MY  
SCHOOL  
BUCKS

PAY FOR MEALS ONLINE

MySchoolBucks.com

[www.myschoolbucks.com](http://www.myschoolbucks.com) - for your convenience and peace of mind, you can pay for meals online. Pay \$20 on account (that is in good standing) and receive a free meal.